



Dear friends and partners,

It's with great pleasure that we welcome you to our Erasmus+ Training Course "**Educate Youth to Bridge Conflicts and Build Peace**" which is organised by the Youth Dynamics group in Cyprus. The project will take place in Agros village between 12 - 19 May 2018.

## Main Details About Project

**Hosting organization:** Youth Dynamics Group

**Venue:** Agros, Cyprus

**Training Course Dates:** 12-19 May 2018

**Project Number of Participants:** 2 per group

**Age:** 18+

**Participant countries:** Cyprus, Armenia, Azerbaijan, Bosnia and Herzegovina, Denmark, Egypt, Israel, Greece, Italy, Latvia, Romania, Spain, Georgia, UK , Ukraine, Czech Republic, Lithuania, Belarus

**Language:** Project will be run in English.

**Venue of the project:** Agros village in Cyprus [www.agros.org.cy](http://www.agros.org.cy)

**Emergency contact from Cyprus:** Vasilis - 00357-99473782

**Travel costs:** There is a fixed amount of the reimbursed money set according to the distance from your place to the project venue.

Check out this webpage for more information. You can also find out about the travel grants set according the Distance Calculator amount of the European Commission.

[http://ec.europa.eu/programmes/erasmus-plus/tools/distance\\_en.htm](http://ec.europa.eu/programmes/erasmus-plus/tools/distance_en.htm)



## Summary of the project:

The training course (TC) "Educate Youth to Bridge Conflicts and Build Peace" will take place in Agros Cyprus between 12-19/5/2018. It is dedicated to the promotion of non-violent actions, the development of peace initiatives and facilitating network of youth workers and youth leaders. The project will gather 36 young people from several Western, Eastern European, Euro-Mediterranean and Caucasus countries.

The TC will cover different types of conflicts and in different settings and consequently ways of transforming conflicts by non-violent actions. Crucial attention will be placed on fostering a constructive debate on recent conflicts in Europe and cooperation in the youth field. This will be done by promoting non-violent approaches leading to actions on peace-building and promotion of Human Rights. Moreover, young leaders will discuss the significant role of youth participation in grass-root peace-building initiatives.

The trainers and invited experts will share practical and theoretical knowledge on the topics, through plenary sessions, discussions, workshops, creativity sessions, intercultural & interactive exercises and other non-formal educational methods. Essential throughout the TC is the input and experience sharing from participants. The project's aim is to promote peaceful conflict resolution, while engaging

in an international dialogue. Globalization and global conflicts are a part of everyday life. By bringing together youth leaders from different countries and cultures, we hope to increase their awareness of conflict, and help them develop paths towards resolution. These youth leaders represent their countries and communities, and it is expected that they will return to these communities, bringing with them and furthering the understanding of conflict resolution that they will have acquired.

### **The main Objectives of the projects are:**

- to increase awareness of youth leaders of conflict management and resolution through an intercultural dialogue and in cooperation by bringing together youth from different countries;
- to prevent intercultural conflicts that are based on stereotypes, through the creation of an atmosphere of mutual understanding and cooperation between these youth leaders from different cultures.

In the course (with plenary sessions, discussions, workshops, creativity sessions, intercultural & interactive exercises and using other non-formal education methods) youth leaders will discuss the significant role of youth participation in different peace building activities, and will explain their own role in a wider society.

The project is inspired by the needs of protection and promotion of human rights, intercultural dialogue and democracy, and particularly those related to youth policy in Europe and to the reaffirming young people's role as active citizens and protagonists of social change.

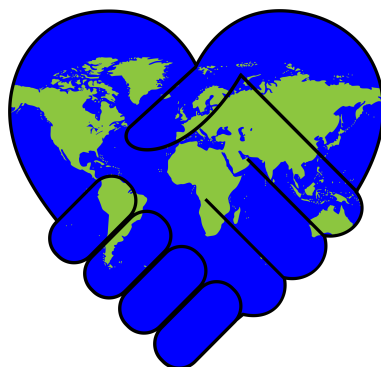
### **Aim of the project**

To promote and support the role of young people in peace-building activities that contribute to living together in dignity and dialogue through a network of specifically trained young people who strengthen the presence and promote the values of the Council of Europe in conflict-affected areas and communities.

The project contributes to providing young people with equal opportunities and experience which enable them to play a full part in all aspects of society and, in particular:

- empowering young people to promote, in their daily lives, cultural diversity as well as intercultural dialogue and co-operation;
- preventing and counteracting all forms of racism and discrimination on any ground;

The goal of the project is to support young people and youth non-governmental organisations as peace-builders and actors in conflict transformation and intercultural dialogue. In this way the daily program will include several activities on conflict mediation, peace transformation and conflict prevention. Through the project we want to invest in empowering young people to take an active role in peace-building processes, but as well the valuable contribution youth work makes.



## Partner Groups

### J.1. Summary of participating organisations

Name of the Organisation	Country of the Organisation	Type of Organisation
Youth Dynamics	Cyprus	Group of young people active in youth work
Future in Our Hands	Armenia	Non-governmental organisation/ association/social enterprise
IDEAL GELECEK	Azerbaijan	Non-governmental organisation/ association/social enterprise
Udruzenje "Mladi Volonteri"	Bosnia and Herzegovina	Non-governmental organisation/ association/social enterprise
KEY for Life	Denmark	Non-governmental organisation/ association/social enterprise
Social Association for Media Profession	Egypt	Non-governmental organisation/ association/social enterprise
Kfar Hanoar Kyriat Shmona	Israel	Non-governmental organisation/ association/social enterprise
IHNILATES TOU FOTOS	Greece	Group of young people active in youth work
Futuro e Progresso Associazione di promozione sociale	Italy	Non-governmental organisation/ association/social enterprise
DONUM ANIMUS	Latvia	Non-governmental organisation/ association/social enterprise
Asociatia Nationala de Dezvoltare Continua a Tineretului din Romania	Romania	Non-governmental organisation/ association/social enterprise
La Vibria Intercultural	Spain	Non-governmental organisation/ association/social enterprise
'Academy for Peace and Development' Union	Georgia	Non-governmental organisation/ association/social enterprise
NEW INTERNATIONAL COMPANY OF LIVE ARTS	United Kingdom	Non-governmental organisation/ association/social enterprise
"Institute of Ukrainian Studies" NGO	Ukraine	Non-governmental organisation/ association/social enterprise
BRNO FOR YOU ZS	Czech Republic	Non-governmental organisation/ association/social enterprise
Asociacija 'Aktyvus Jaunimas'	Lithuania	Non-governmental organisation/ association/social enterprise
Belarusian Youth Public Union New Faces	Belarus	European NGO
Total number of participating organisations excluding consortium members where applicable		18

## Dates

The Training course will be held in Agros Cyprus between **12-19 May 2018**

- Arrival day is the **12<sup>th</sup> May 2018**.
- Departure day is the **19<sup>th</sup> May 2018** (all day)

## Important!

If you want, you can come to Cyprus **1 to 2 days earlier or leave 1 to 2 later** after the end of the project. Of course you have to cover this extra cost for accommodation and food yourselves.

## Travel Costs Reimbursement

Unit costs of your travel expenses will be covered by the organizers with the support of ERASMUS+ programme.

In order to receive the money for the transportation, please keep your invoices, tickets, boarding-passes or any other transport document so you can give us all these documents. The reimbursement will be done after getting all original documents and return boarding passes after end of the training course by via bank transfer.

### **Participation fee: 20 euro**

This is in order to cover the day trips and other organizational costs.

Below, is a list with the budget including travel costs per person for each country:

Country	Total unit travel cost per person
Lithuania	330
Armenia	240
Belarus	330
Czech Republic	330
Egypt	240
UK	500
Georgia	240
Greece	240
Spain	500
Italy	330
Latvia	330
Romania	240
Ukraine	240
Bosnia and Herzegovina	240
Azerbaijan	240
Denmark	330
Israel	240

Travel costs from home to the venue of the project and return.

For itinerant projects: travel costs from home to the place where the Activity starts and travel costs from the place where the Activity ends to home.

**Please note:** only cheapest means of transport/fares are subject to reimbursement.

The costs from airport to Agros and return back are around 30 euro per person. This amount is not included in the above list and it will be covered by organizers.

# IMPORTANT!

## VISA

**People from partner countries will need a visa to enter Cyprus.**

No visa is required for entry into Cyprus by nationals of most European countries. Nationals of other countries should contact the nearest Consulate of the Republic of Cyprus or if there is none, the nearest Consulate.

So if your participants need visa to enter Cyprus, we will need the following details in order to prepare and send you the invitation letter and hotel reservation.

**Details of the person who need visa:**

**Full Name:**

**Date of Birth:**

**Passport No:**

**Issue date:**

**Expiry Date:**



### Schengen visa

Cyprus is not in Schengen Zone but you can travel to Cyprus with your Schengen visa. Please be careful as the Schengen visa must be valid in order to enter Cyprus!!

You can read about Schengen at <http://www.schengenvisainfo.com/>

### ALSO PLEASE READ THIS

**\*\*Please Note:** third country citizens who are holders of a valid Schengen Visa (type C, single, double or multiple entries) and who have already entered Schengen territory according to the stipulations governing the issuance of the Schengen Visa they hold, can travel to Cyprus without acquiring a Cypriot Visa. They can stay in the Republic of Cyprus for the duration of a period equal to the remainder of the period of legal stay as stated on their Schengen visa and at the latest until the expiration date of their visa.

## How to prepare for the Project:

### International nights

For the Intercultural evening we kindly ask you to prepare an interactive presentation of your country (you can present your country's food and drinks, music, traditional dances, a story etc.). Creativity is the basic requirement.

In one of the evenings participants will have opportunity to present their organization and the work it does. For that purpose you can bring some materials (brochures, posters, PowerPoint presentations, films, photos, etc.).



## Participants

**Target group for our training course:** youth workers, youth leaders, NGO activists, school teachers, social workers and all people actively involved in work with unemployed young people.

### PROFILE OF PARTICIPANTS

- Youth leaders very motivated to act in their sending organisation
- Are over 18 years old
- Have an interest in the topic
- Willing to learn & be motivated to share experiences with others after the event
- Are able to work in English
- Are committed to attend for the full duration of the project
- Are nominated by their youth organisation

(Gender balance, group diversity in terms of different social and cultural backgrounds will be taken into consideration) It is the participant's responsibility to have a travel health insurance or European Health Card.

### Agros village

Agros is a village of Limassol district, built amphitheatrically among high mountains. Its population is 800 people and is one of the most interesting villages of Cyprus and the Pitsillia area. Historical and cultural sites are kept in a natural environment of extraordinary beauty with the village maintaining the customs and its traditional character. The love for work and the progressiveness characterize its citizens. The village's modern highways make it a connection point between the cities of Nicosia and Limassol and the mountain of Troodos. Its main production line consists of grapes, garden products, fruit of excellent quality, soutzoukos, traditional type cold cuts (sausages, lountza, choiomeri), traditional sweets and marmalades. Its citizens are also into tourism business (hotels, tourist apartments, inns, traditional coffee shops, taverns and clubs.)



## Accommodation

Participants will be lodged in Vlachos hotel in Agros, a beautiful village in the heart of Cyprus ([www.agros.org.cy](http://www.agros.org.cy)). The hotel offers double and triple rooms, bathrooms and balconies offering views to Troodos Mountain. Towels and bed linens are provided. The hotel also offers free Wi-Fi and two minimarket shops are located very close.



## Climate

The average daytime temperature in May is around 15-20 °C. At night temperature drops down to 10°C. So please bring warm clothes with you!!

## Entry to the island

- There are two international airports in Cyprus, Larnaka and Pafos.
- The two main ports are Lemesos and Larnaka.
- Cyprus Airways is the island's national carrier.
- Around 37 airlines connect Cyprus directly with most Europeans and Middle East countries, which provide on-going services to anywhere in the world.
- Visa: No visa is required for entry into Cyprus by nationals of most European countries. Nationals of other countries should contact the nearest Consulate of the Republic of Cyprus or if there is none, the nearest British Consulate.



## Important!

The two legal airports of Cyprus are Larnaca and Paphos. **You can only use one of these two airports, because these are the only legal airports of Cyprus Republic.**

We can't accept any participant coming from Turkey, or from the illegal airport "Erkan" in the occupied northern part of Cyprus. Since 1974 Turkey invaded in Cyprus and occupies the northern part of Cyprus. Any ports or airports from this area are not recognized, they are not part of European Union and can't be used for any legal transportation to Cyprus.

This is not a personal opinion of us, or our group, but a policy of Cyprus Republic that we have to respect. Therefore, we will ask you to book your flights with the cheapest flights from one of the 2 legal airports of Cyprus.

### Coming to the venue of the project (Agros village):

When you arrive in Larnaca or in Pafos airport we will arrange a bus to pick you up from there and bring you to Agros village. The trip from airport to the venue of the project will take about 1 hour and 30 minutes.

### European Health Insurance card

The European Health Card is accepted in every country of the European Union. If you don't have it, you can get it easily. You should go to the office recharged with health affairs, and ask for your European Health Card. It's a little blue plastic card, and you can get it for free. It's valid in every EU country for 1 year. Or any other insurance is welcome (organizers are not covering insurance costs).



### What to bring

In order for everybody have a really good time, we would like you to bring some things which we believe are important for the participation of all participants and for the success of the Youth Training.

- Necessary documents such as passports, travel documents, etc.
- Comfortable clothes and shoes
- Personal care products, such as shower gel, shampoo, comb, etc.
- AC power (Power adapter)
- a typical taste (typical drink, food, sweets, snacks...) of your Country for the "intercultural evening";
- cameras, laptops and other equipment making life and work easier;
- some cool pieces of music and games from your country;
- information about your country (books, brochures, posters, postcards, video, PowerPoint presentation, music, etc.);
- information about the organization you come from (brochures, PowerPoint presentation, video, etc.);
- Some traditional stuff, food/drink, music, flag of your country for the intercultural evening
- Medicine, if you regularly take any
- And above all bring joy and lots of positive energy!



Simply bring your enthusiasm, your positive attitude and good mood in order live the event in its proper and cheerful mood!

We encourage participants to be an active part of this project, embracing responsibility and enjoy the cultural side of this experience!

And now, pack your bags, fill your heads with ideas and come meet our team and many other young Europeans in Agros. Together we can make a change!

We hope that you find the Project worth participating in and we look forward to meeting you on May 2018!

**Please do not hesitate to contact us if you have any more questions!**

**See you in Cyprus!**

### **Contacts:**

**Youth Dynamics (Hosting group) [youthdynamicscy@gmail.com](mailto:youthdynamicscy@gmail.com)**

**Vasilis Christofi (Coordinator): [vasilis@cing.ac.cy](mailto:vasilis@cing.ac.cy)**

**Christiana Malay (Facilitator): [christianamalay@yahoo.gr](mailto:christianamalay@yahoo.gr)**

**Evanthia Poyiatzi (Trainer): [evanthiapoyiatzi@gmail.com](mailto:evanthiapoyiatzi@gmail.com)**

### **Useful information about Cyprus**



✓ **Weather:** check it out e.g. on <http://weather.yahoo.com/>

✓ **Electricity:** Cyprus has the 240 Volt/ 50 Hz 3 pin electricity plus – so you will definitely need adaptors. Make sure you bring at least one with you.



✓ **Cyprus Time Zone:** UTC (or GMT) +2

✓ **Cyprus currency:** the Euro. You can use your credit card (VISA, Mastercard etc.) almost everywhere.

✓ **Cyprus International Dialing Code:** +357