

INFOPACK

## - FROM SCHOOL TO REALITY -

Youth exchange

17.9.2017 - 25.9.2017, Slovakia, Zlatá Idka

Slovakia, Czech Republic, Italy, Poland, Hungary



Co-funded by the  
Erasmus+ Programme



LIGA  
VÝCHODU

## - INTRODUCTION -

Dear participants, we present you the info-pack for upcoming youth exchange "FROM SCHOOL TO REALITY" in Slovakia, which should help you clarify what the event will be about. In the following pages you will find information about the main activities, venue and also this document can help you how to prepare for this youth exchange.

## - ABOUT THE PROJECT -

Date: September 17<sup>th</sup> - 25<sup>th</sup> 2017

Arrival: September 17<sup>th</sup> 2017

Departure: September 25<sup>th</sup> 2017

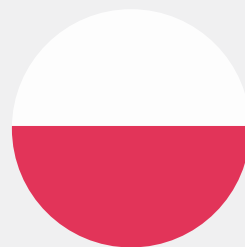
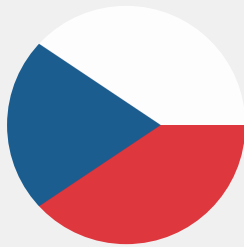
Venue: Zlatá Idka, Slovakia

Working language: English

Participants: 5+1 participants per Country (age 18-25)

Countries: Slovakia, Hungary, Italy, Czech Republic, Poland

The project "From school to reality" is an youth exchange, applied by association Liga východu o.z. This YE will take a place in september (17. - 25.9.2017) in Zlatá Idka near to Košice. In this project will take part 34 young people (18 - 25 years) from Slovakia, Czech Republic, Italy, Hungary and Poland. 24 participants out of the total are participants with fewer opportunities, some of them live in families with unemployed members. The main topic of this project is youth unemployment in Europe. The aim of the project is to increase participant's ability to find a work. We will use informal learning, games and workshops to learn together, for example how to write our CV correctly, prepare for a job interview, make our communication skills better, how to use our free time more effective, manage stressful situations, or work in a team/teamwork. We expect that after the end of the project, participants will have a bigger chance to find a good job. We also hope that one of the results of our project will be the fact that young people will spread their project knowledge and personal experience with people from their surrounding and motivate them to help to improve the situation in community.

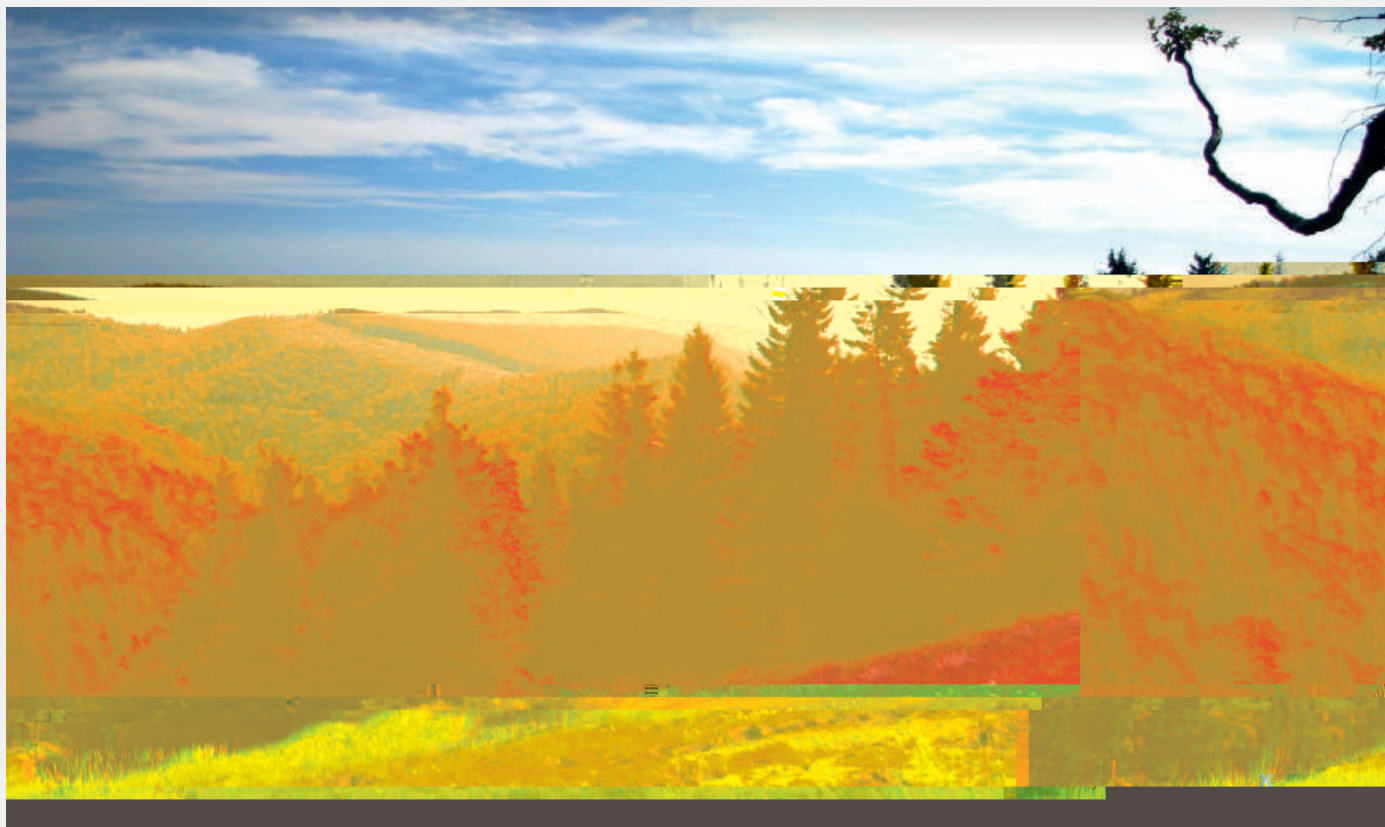
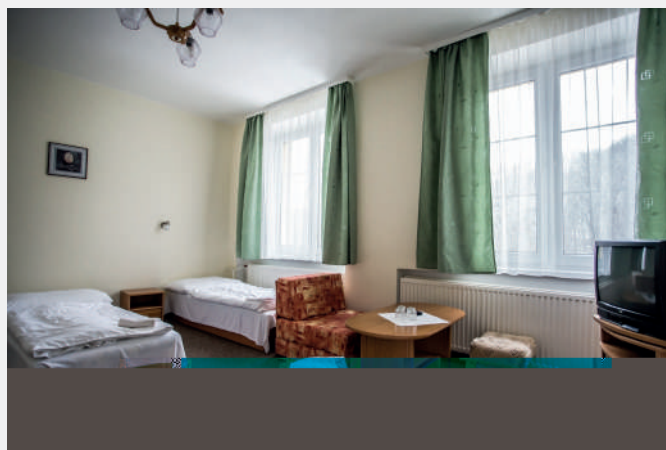


## - VENUE -

Rekreačné zariadenie Zlatá Idka  
Zlatá Idka 261  
044 61 Zlatá Idka

- Website: <http://www.rzzlataidka.sk/>

You will be accommodated in a hostel, sharing rooms with 2, 3 or 4 beds. Hostel is located in the small village Zlatá Idka close to Kosice. The working room and restaurant are in the hostel. There is WiFi, hot water, wellness and everything you might need this week. The food will be prepared and served for you in our accommodation, please let us know if there are any particular needs about the food (vegetarian, celiac, allergies, etc.)



## - TRANSPORTATION -

Zlatá Idka is a small village situated in eastern Slovakia around 30 km from Košice city. For participants from Italy we strongly advice to fly to Budapest and than go by train to Košice. For Hungarians we advice to go by train from Budapest. Further transportation to the place of exchange will be provided by our organisation. For Polish and Slovak participants we have prepared bus.

- Please notify us about arrival/departure times to arrange meals and accommodation. -

## - TRAVEL COSTS -

This project is financed by the European Commission through the Erasmus+ programme. Food and accommodation are fully covered. The travel costs are reimbursed up to the limits. These limits are described in the table below. The project will cover only expenses during the project days. Health insurance is not provided. We require to have a travel insurance. !!! Please note that to be able to reimburse your travel costs we need all your original travel documents (tickets, boarding passes, invoices...) !!! The reimbursement will be done during the project after receiving all the original travel documents.

Distance calculator amount is a maximum travel budget, if participant travels from the place where partner organization is registered and back to the same place. If the starting point and finishing point are different, coordinator reimburses the real cost of tickets according to distance calculator but not more than it is in the application form.

-Please inform us before buying tickets about your travel details, we have to confirm them. -

## - DISTANCE CALCULATOR -

COUNTRY	DISTANCE	REIMBURSEMENT
Slovakia	9 - 99 km	20 EUR
Czech Republic	100 - 499 km	180 EUR
Hungary	100 - 499	180 EUR
Poland	100 - 499 km	180 EUR
Italy	500 - 1999 km	275 EUR

## - CHECK LIST -

### **Regular air tickets must be accompanied by:**

- the original invoice (signed and stamped)/receipt/pay order/proof of payment)
- the boarding pass (the small ticket stub you receive before boarding the plane)
- the prices stated in the invoices, receipts etc. must coincide with the price on the ticket.

### **E-Tickets must be:**

- printed out and include your name, the exact fare you paid, details of your flight on the same page provided along with the credit card receipt for the payment or a copy of your bank statement (clearly showing the payment has been made)
- given in with the boarding pass (the small ticket stub you receive before boarding the plane).
- the e-mail you receive from the airline company upon the payment, stating how much and how you paid.
- Train/Bus tickets must show visible arrival and departure time as well as the price

### **Other important details:**

- Booking paper alone is not enough (we need the invoices).
- Missing or lost tickets are not reimbursed. -

## - WEATHER -

End of September is an autumn month in Slovakia. This month is usually good warm weather with an average temperature of 20 - 25 °C, but weather in Slovakia is really changeable so please, be prepared for such conditions and take some warmer clothes and shoes.

(<https://www.accuweather.com/en/sk/bratislava/297345/september-weather/297345?lang=en-us#menu-country>)

## - BRING WITH YOU -

- Travel insurance and ID/passport!
- Pocket money
- Towels, slippers, swimming suit, shower creams, shampoos...
- If you know some games, energizers or activities you'd like to share with others, this will be the right time!
- If you want, you can bring some little presents for other participants
- something small/funny/ original/handmade/ typical for your country
- Ideas, creativity and good mood

## - INTERCULTURAL NIGHT -

Every day each partner will have the opportunity to present something about their country and culture with the others, in a maximum of 20 minutes. We would like to provide some hints about the ways you could do that:

1. You are welcome to bring "gastronomic" specialties from your region or country: food/snacks and drinks for this evening or anything else to represent your country, just release your creativity. You can discuss this with your national team leader.
2. You may bring posters, postcards and leaflets to give a picture of the place you come from
3. You may bring music that you want to play during the intercultural or other evenings
4. You may bring a short tongue twister in your own language and teach it to the rest of the group. If you cannot find a good one, you may use something else (a funny song, a dance, etc.)
5. You may create a short quiz about your own country/culture and play it with/for the others. They might win something for a good answer...

to turn your ideas into action!

## - YOUTHPASS -

Every participant will receive a Youthpass Certificate which confirms participation and validates the non-formal learning experience of the Youth Exchange project. Youthpass is an European recognition tool for non-formal and informal learning in youth work. Youthpass is available for projects funded by Erasmus+ Youth in Action and Youth in Action programmes. With Youthpass the participants of these projects can describe what they have done and show what they have learnt. Through Youthpass the European Commission ensures the Youth Exchange activity is recognised as a non-formal learning experience. For more information about youthpass visit <http://www.youthpass.eu>.

## - FACEBOOK GROUP -

If you are a Facebook user, for faster communication and for getting to know each other. Please join us following the link: <https://www.facebook.com/groups/125969171354737/>

## - CONTACT PERSON -

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WE WISH YOU A SAFE JOURNEY AND WE ARE LOOKING FORWARD TO SEE YOU SOON IN SLOVAKIA!

Team of LIGA VÝCHODU o.z