

KUTAHYA PROJECT / TURKEY



Erasmus+



Project name : Destroy the fears and (social phobia)!

Activity status : Youth Exchanges Programme

Project date: 10 - 17 February 2018, Travel days (10 – 17 February 2018)

Country / City: Kutahya - Turkey

Participants age: 16-30 age / no age limit for group leader

Each country: 4 participant + 1 group leader, total: **5 participant.**

Project Reference Number: 2017-1-TR01-KA105-041954

Participants: Turkey, Poland, Lithuania, Hungary, Romania, Czech Republic

Project Details;

Dumlupinar Youth Group, a youth community formed by students of Kutahya Dumlupinar University of education. The aim of our community; to make social and cultural awareness movement, to ensure that our province takes part in socio-cultural projects and to provide to become prevalent the Erasmus program on the target groups. In this context, as The Dumlupinar Youth Group, we have designed a project called " **Destroy the fears and (social phobia)!** ". The Project Erasmus+ will be carried out by a multi-partnership structure with countries; **Turkey, Romania, Lithuania, Poland, Hungary and Czech Republic**. Totally 33 people will participate in this project. From each country, 2 disadvantaged young people will take place in the project. (Social, Economic or cultural) Kütahya is the operation location of the project, the date of the planned activities is **10-17 February 2018**

With the project, adolescent period's common behavioral disorders, social phobia, psychological problems, communal and intrafamilial communication problems will be evaluated in a dimension international and outputs which aimed at solution ,will be generated with youth participants. In addition, with this project we aim increasing knowledge and skills on determined target population and create awareness. The project has been strengthened by the expected impact on young people on the Erasmus+ Program. In this context; the scope of the project has been expanded with giving a place the communication between young Europeans, cooperation between organizations and units who work in the field of youth, disadvantaged individual's socio-cultural integration and sharing of experiences and competences , increasing personal skills.

Training methods to be used in the project are determined on non-formal education methods. In this way, it is planned to be a higher quality process by increasing the active participation of the participants in this project. In project, training presentations, seminars, groups works, awareness activities, simulations, official visits, cultural promotion processes and culture promotion activities have been identified.

The main result which planned to be achieved by the project , especially on participants, partners and the target group, is to give informations about adolescent period's common behavioral disorders, and provide a structure more sensitive and a structure trained about communication intrafamilial. In addition, with the project, can be specified as key results expected; stepping up international dialogue and cooperation, creating good impression on the target groups during the process of Turkey's EU membership , increasing to communication between young of Europeans and the local population of Kütahya supporting the disadvantaged young people in society during integration process, creating more conscious a youth in the socio-cultural issues promoting the realization of projects and activities for the project, dissemination and increasing the number of beneficiaries of the Erasmus Program .

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Project Venue;

Kütahya's old neighbourhoods are dominated by traditional Ottoman houses made of wood and stucco, some of the best examples being found along Germiyan Caddesi. The city preserves some ancient ruins, a Byzantine castle and church. During late centuries Kütahya has been renowned for its Turkish earthenware, of which fine specimens may be seen at the national capital. The Kütahya Museum has a fine collection of arts and cultural artifacts from the area. Modern city & province The industries of Kütahya have long traditions, going back to ancient times. Kütahya is famous for its kiln products, such as tiles and pottery, which are glazed and multicoloured. Modern industries are sugar refining, tanning, nitrate processing and different products of meerschaum, which is extracted nearby. The local agricultural industry produces cereals, fruits and sugar beet. Not far from Kütahya there are important mines extracting lignite. Kutahya is big touristic city in the summer not that much crowded in the winter time. Kutahya is within Turkey's most nice and tourist area. There are many historical places, and we will introduce to the participants. :)

some photos and links about the kutahya city; [en.wikipedia.org/wiki/Kütahya](https://en.wikipedia.org/wiki/K%C3%9ctahya),

<http://www.kulturportali.gov.tr/medya/video/videodetay/1493>

For more information, our FB group; <https://www.facebook.com/groups/114946242511296>



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Participation to the project;

Each partner organization will send 5 participants (4 participants and 1 group leader). Selection of participants will be partners responsibility. Participants age: 16-30 age / no age limit for leaders.

IMPORTANT: Please let us know your participants names and information until **01 December 2017**. (you can find this document in the attachment.) Participants must buy tickets until **10 December 2017** at the latest. **Dear partners and participants;** Please be sensitive on this matter, because the time will not be extended. When you buy flight ticket, please send us your tickets copies.

Our mail; dumlupinaryouthgroup@hotmail.com

Accommodation;

The accommodation place was not finalized yet. So, you will receive another info pack later.

FINANCIAL

Participants of the project will be reimbursed their travel expenses according to below table and visa cost. Organizers will provide accommodation and food during the whole period of the project. so, accommodation and food costs is free..

Notes:

Corresponding submission of travel tickets, refunds will be made during the main project activities time. All boarding cards and electronic ticket must be present to us in hard copy. Only buses, trains, flight costs are paid.

Here below you can see the table for maximum travel costs.

Country	Poland	Lithuania	Hungary	Romania	Czech Republic
%100 MAX travel cost for each participant	275 €	275 €	275 €	275 €	275 €

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- If participants spend more than the calculation of the Distance Calculator, it will be participants responsibility to pay the rest of the traveling cost.
- If participants spend less than the calculation of the Distance Calculator, they will be only covered for the amount they spent.
- Early arrivals or late departures will be the own responsibility of the participants. According to Turkish NA the travel back must be realized by participants on direct way within maximum of **3 days**. In case of longer stays or indirect travel (holiday travel, etc) there is no chance of reimbursement.
- We need your all receipts, tickets and boarding passes (for both ways). So when you are coming, keep them. After the project you should send us (scanned by email and originals by post) all the tickets and boarding passes of the travel back home from Turkey.
- Participants have to buy tickets from economy class. Travel costs in the city is included in the general travel costs. So try to find the cheapest ticket.

Youthpass Certificates

All participants receive Youthpass certificates. Youthpass is a part of the European Commission's strategy to foster the recognition of non-formal learning. It is available for projects funded by Erasmus+: Youth in Action (2014-2020) As a tool to document and recognise learning outcomes, it puts policy into practice and practice into policy:

- While creating their Youthpass Certificate together with a support person, the participants of the projects have the possibility to describe what they have done in their project and which competences they have acquired. Thus, Youthpass supports the reflection upon the personal non-formal learning process and outcomes.
- Being a Europe-wide validation instrument for non-formal learning in the youth field, Youthpass contributes to strengthening the social recognition of youth work.
- Describing the added value of the project, Youthpass supports active European citizenship of young people and of youth workers. - Youthpass also aims at supporting the employability of young people and of youth workers by documenting the acquisition of key competences on a certificate.



NOTE:

- The Project will be carried out in TURKEY / KUTAHYA.
- We will provide you during the activities internet, too.
- Please if you have notebook (laptop), Tablet PC...etc please bring it for use on project.(Optional)
- We will meet you from the bus station. Please do not have any hesitation on this matter.
- As you know, there will be a intercultural night. We advise you take with you something special to your country and city, such as traditional clothes, foods or drinks.
- Please activate your phone for calls abroad.

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- You can find exchange office in all airport. Please take turkish money for transportation etc. Average 1 euro = 4 Turkish lira
- As you know and depending on the decision taken by European Commission all the expenses for foods and accommodation will be paid by us.
- Allow the participants to travel together. please, buy plane tickets on the same flight. **(It is strongly recommended).**
- Please remember to bring your personal belongings. (towels, slippers, clothes etc)
- All of the participants must bring their boarding cards, bus tickets, train tickets and such like papers completely and orderly to make easy the payback. All original tickets and boardingpasses (train, plane, bus etc.) must be to bring .
- Project working language will be English, for communications please prefer the people competent in English
- This is our facebook group <https://www.facebook.com/groups/114946242511296> please add all the participants. thus we can meet before the Project.

How you can reach to Kütahya City

Some Flight companies:

<http://www.turkishairlines.com>

<http://www.flypgs.com>

<http://www.andolujet.com/>

<http://www.onurair.com.tr/>

<http://www.atlasjet.com>

1. WAY (KUTAHYA ZAFER AIRPORT) - recommend

Kütahya airport has international flights. for this reason you can directly reach the Kutahya with plane, (<http://www.zafer.aero>). airport name: kutahya zafer airport. When you arrive to KUTAHYA ZAFER AIRPORT you will get on public bus in front of the gate. You will pay to bus 15 TL. You will get off at (Kutahya Bus station) bus stop. It will take about 30-45 minutes from Airport to Bus station. we will meet you at the bus station. You can buy your ticket in Bus- Don't lose your ticket for reimbursement. However , There are quite few flights for this airport, for this reason we want to give information about alternative routes.

2.WAY (ANKARA AIRPORT / CAPITAL OF TURKEY);

Ankara city and Kütahya city, approximately 3,30 hours with bus.

So, if you want to come to kutahya from ankara;

1. Participants will buy flight tickets for ANKARA CITY.
2. The participants will go to the ANKARA bus station (AŞTİ) from the airport
3. Participants will buy bus ticket for Kütahya. and we will meet you at the Kütahya bus station.

(You can find every hour bus from Ankara Bus station.) bus price average: 25 tl (9 euro - 36 Turkish lira)

[How will you reach to Ankara bus station \(Aşti\)?](#)

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When you arrive to Ankara airport you will get on public bus in front of the gate. Bus name: BELKO AIR, On the bus written: HAVAALANI-AŞTİ (BUS STATION) -KIZILAY. Each 30 minutes bus is leaving from Airport to Bus station (AŞTİ). Bus color is: white. You will pay to bus 10 TL. You can buy your ticket in Bus- Don't lose your ticket for reimbursement. You will get off at AŞTİ bus stop. Don't forget to tell bus driver you will get off in AŞTİ. It will take about 30- 45 minutes from Airport to AŞTİ.

3 .WAY (ISTANBUL AIRPORT);

As you know, find cheap flights to İSTANBUL . For this reason, you may come to Kütahya from Istanbul. There are 2 different airports in Istanbul. (Sabiha Gökçen Airport and Ataturk Airport) İstanbul and Kütahya approximately 4,30 hours by bus. So, if you want to come to kutahya from Istanbul;

1. Participants will buy tickets for İstanbul.
2. The participants will go to the bus station from the airport.
3. Participants will buy bus ticket for Kütahya. and we will meet you at the Kütahya bus station.

(You can find every hour bus from Istanbul Bus station.) bus price average: 50 TL (12 euro)

- [If you come to the airport Sabiha Gokcen](#); When you arrived sabiha Gökçen airport you will take bus which is name HAVATAŞ you will get of in KADIKÖY. From KADIKÖY to HAREM OTOGAR (BUS STATION) you take a taxi or you can use small local bus to artşve HAREM OTOGAR. From HAREM you can take take a bus. But you should be faster to reach busses. In istanbul traffic a big mass. You also may get further information at the airport advisory. (this bus station name; Harem Bus Station)

- [If you come to the airport Atatürk Airport](#) (Recommended for Istanbul) ; Very easy to come the bus station to the from airport. There is have a metro station in the airport. and metro it will bring you directly to the bus station. (this bus station name; Esenler Bus Station)

4.WAY (BURSA AIRPORT);

Bursa city and Kütahya city, approximately 3,30 hours with bus. So, if you want to come to kutahya from Bursa;

1. Participants will buy tickets for BURSA Airport.
2. The participants will go to the BURSA bus station from the airport.
3. Participants will buy bus ticket for Kütahya. and we will meet you at the Kütahya bus station.

(You can find every hour bus from Ankara Bus station.) bus price average: 25 tl (6 euro - 23 Turkish Lira)

[How will you reach to BURSA bus station?](#)

When you arrive to Bursa airport you will get on public bus in front of the gate. You can buy your ticket in Bus- Don't lose your ticket for reimbursement. You will get off at bus stop. It will take about 30 minutes from Airport to Bus Station.

To find cheap tickets (please buy tickets early) When you come in the bus station, please let us know. We will meet you in bus station. Coordinator telephone; +905426798010

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Project partner organizations and contact addresses:

Turkey Coordinator	Dumlupinar Youth Group Kutahya / Turkey	dumlupinaryouthgroup@hotmail.com https://www.facebook.com/yalcinyilmaz.tr https://www.facebook.com/groups/114946242511296
Poland	ALL-TERNATIVE – Youth Association from Jelenia Gora	http://allternatywa.pl/ Ewapichpl@Gmail.com
Lithuania	ASOCIACIJA APKABINK EUROPA	eurohugs@gmail.com verseckas89@gmail.com
Romania	FUNDATIA ADINA STIFTELSEN	fas.luminita@yahoo.com https://www.facebook.com/Fundatia-Adina-Stiftelsen-209418979081099
Hungary	LELEKTER ALAPITVANY	www.lelekteralapitvany.hu lelekter@gmail.com
Czech Republic	BRNO FOR YOU ZS	www.brnoforyou.cz , andy@brnoforyou.cz

Dumlupinar Youth Group

Mr. Yalçın YILMAZ, Project Coordinator

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Regards from Kütahya / TURKEY