



Udruga za poticanje razvoja ljudskih potencijala i kreativnosti Prizma
Hrvatske bratske zajednice 18, 23440 Gračac

www.udrugaprizma.hr

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Training Course

Free Mind and European Values

Uprooting radicalisation and violent extremism through youth work

Zadar, Croatia

2nd – 10th October, 2018.



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Introduction

We have all witnessed numerous horrific terrorist attacks all over Europe in the last couple of years. Most of them have been committed by young people of immigrant descent. Left and right wing extremism is also on the rise. Although there is no single path into radicalisation and violent extremism (RVE), some important root causes can be named: marginalisation, alienation and exclusion, anger, frustration and identity crisis, to name a few of the most significant ones from the perspective of youth work. Vulnerable social groups such as youth are highly susceptible to RVE, therefore youth workers have a unique opportunity and a huge responsibility to act as positive role models and mentors.

Through this project, we aim to educate and train youth workers to effectively engage in prevention and detection of RVE in their communities. Youth workers need intercultural skills essential for addressing the needs of youth especially susceptible to RVE such as refugees, asylum seekers and migrants. All actors in the EU have to contribute to tackling RVE and youth-oriented NGOs are one very important link in the European cultural ecosystem because they can spot problems in their early phase of development and they can firmly support key European values like freedom, democracy, human dignity and respect.

The main objective of the project is raising awareness of youth workers about their role in prevention of radicalisation and violent extremism by providing them theoretical framework and practical tools for reaching out to vulnerable groups in their communities, such as refugees, asylum seekers and migrants. Specific objectives include equipping youth workers with intercultural skills and newly developed non-formal tools essential for addressing the needs of youth susceptible to RVE, promoting shared EU values of freedom, democracy, human dignity and respect, thereby fostering a culture of dialogue, mutual understanding and social cohesion.

Methodology & Working flow

The project includes a **preparatory stage, training course, dissemination and follow-up activities**.

In the preparation phase, working in national groups, **participants will create reports** on the status of vulnerable groups susceptible to radicalisation in their countries and present them during the training course. They will relate the situation in terms of how well are asylum seekers, migrants and refugees integrated in their local communities, especially focusing on cases of radicalisation and violent extremism. If there are no significant cases in this domain, they can also focus on left or right wing extremism or any other type of radical behaviour among youth in their community. In the TC, participants' insights and experiences will be used to facilitate peer learning and reaching new conclusions by comparing similar problems in different contexts all over Europe. Partner organisations will be in charge of providing data and resources necessary for carrying out this preparatory task.

We will use non-formal methods in activities during the training course. Activities will include presentations, research, analyzing, group and individual work, storytelling, exchange of skills,

knowledge, experiences and good practice in the field of youth work. During the TC we will encourage you to reflect on your learning process and support you in writing a Youthpass. At the end of the TC we will provide you a Youthpass certificate.

The programme will be based on participatory methods in order to offer space for interaction between participants and sharing of ideas. In the spirit of informal and non-formal learning, there will be space for you to contribute to the programme with your own knowledge and skills, undertake your own analyses, including reflections on competences acquired during the activity. During the “Window of opportunity” activity participants will have the opportunity to exchange and share knowledge and skills by organising a workshop for other participants.

In the dissemination and follow-up phase, project webpage will be created in order to facilitate dissemination of project results. The main outcome of the project will be a digital brochure with a collection of insights and ready-to-replicate practical non-formal tools designed for working with vulnerable youth susceptible to radicalisation. Importantly, **participants will have to organize internal workshops in their sending organization to present the project results to their local community.** Workshops, one in each partner organisation, are planned for early November 2018. Therefore, we emphasize that participants need to be ready and willing to **participate in preparation, dissemination and follow-up activities** too, alongside the training course in Zadar.

Daily Programme

	02.10.2018. Day 1	03.10.2018. Day 2	04.10.2018. Day 3	05.10.2018. Day 4	06.10.2018. Day 5	07.10.2018. Day 6	08.10.2018. Day 7	09.10.2018. Day 8	10.10.2018. Day 9
8:00	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
9:00	Getting to know each other	Three types of prevention of radicalisation in youth work	Religious radicalism	Left and Right Wing Extremism	Counter and alternative narratives	Our shared values	Creative Box Wrap Up		Breakfast
10:00	Hopes, fears, expectations, contributions	Non-violent communication: intro							Excercise: Take Forward
11:00	Coffee break	Coffee break	Coffee break	Coffee break	Coffee break	Coffee break	Coffee break	Coffee break	
11:30	Let's start: the programme and Youthpass	Open youth work and PVE	Presentation of preparation task reports part 1: Status of vulnerable groups susceptible to radicalisation	Sharing experiences & practices #1	Sharing experiences & practices #2	Excercise: Ideal island	Testing new methods		
12:30		The art of (Intercultural) Dialogue							Excercise: Get into the Circle
13:00	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	
15:15	ARRIVALS	What is radicalisation and violent extremism (RVE)?	Excercise: Identity and calisation	Presentation of preparation task reports part 2: Status of vulnerable groups susceptible to radicalisation	Free Afternoon Zadar	Open Space for Workshops	Creative box: Introduction	Testing new methods: Corrections	
17:00	Coffee break	Coffee break							Coffee break
17:30	Getting started	Root causes of RVE	Excercise: Guess who's coming to the party	Mid-Evaluation: My symbol, my learning		Excercise: Stories of empathy	ative box	Final evaluation	
18:30	Reflection groups	Reflection groups	Reflection groups						Reflection groups
19:00	Dinner	Dinner	Dinner	Dinner	Dinner in Zadar	Dinner	Dinner	Dinner	
21:00	WELCOME EVENING	FREE TIME	FREE TIME	Documentary film projection; Debate	FREE TIME	FREE TIME	FREE TIME	FREE TIME	Youthpass ceremony FAREWELL PARTY

Participants

Apply if you are coming from Bulgaria, Czech Republic, Croatia, Estonia, France, Italy, Romania or Spain, you are between 20 and 60 years old, and if you are actively involved in the field of youth work (project manager, project coordinator, teacher, social worker, youth worker, volunteer, animator etc.). Three participants will be selected from every abovementioned country.

Experience in the field of youth work and motivation will be decisive in selecting the participants. Please fill the application form completely and inspire us with your enthusiasm and motivation.

[APPLY NOW](#)

Travel guide

The arrival day to Zadar should be 2nd of October latest at 5pm. If for some reasons you cannot manage to arrive in the morning or afternoon please contact us and we will help you out. The departure day is 10th of October, after breakfast, please make sure you have afternoon or night flights since you have to travel by bus or train from Zadar to either Zagreb or Zadar Airport. If you would like to spend more time in Croatia, you can do it on your own expense. It is possible to stay in other cities three days after or before the training course. **Please do not buy flight tickets before our approval.** To enter Croatia you will need a valid passport or, for some countries (EU), a personal identity card will be enough.

Coming to Croatia by plane

We recommend you to fly to Zadar (closest airport), but you can also fly to Zagreb or Split. It takes about 45 mins from each airport to reach bus or train terminal from where you can continue your trip to Zadar. Below you can find websites where you can find timetables and buy tickets. Timetables can change according to the time of the year, and will be announced on the website. If it is not possible to buy a ticket online, don't worry, you can buy ticket at the station, usually buses are not crowded during autumn.

Reaching Zadar

From Zagreb

By Bus

(It takes around 3:30 hrs of driving)

[Website](#)

By Train

(It takes around 12 hrs of driving) ***We do not recommend it!**

[Website](#)

From Zadar Airport

By Bus

NO TRAIN

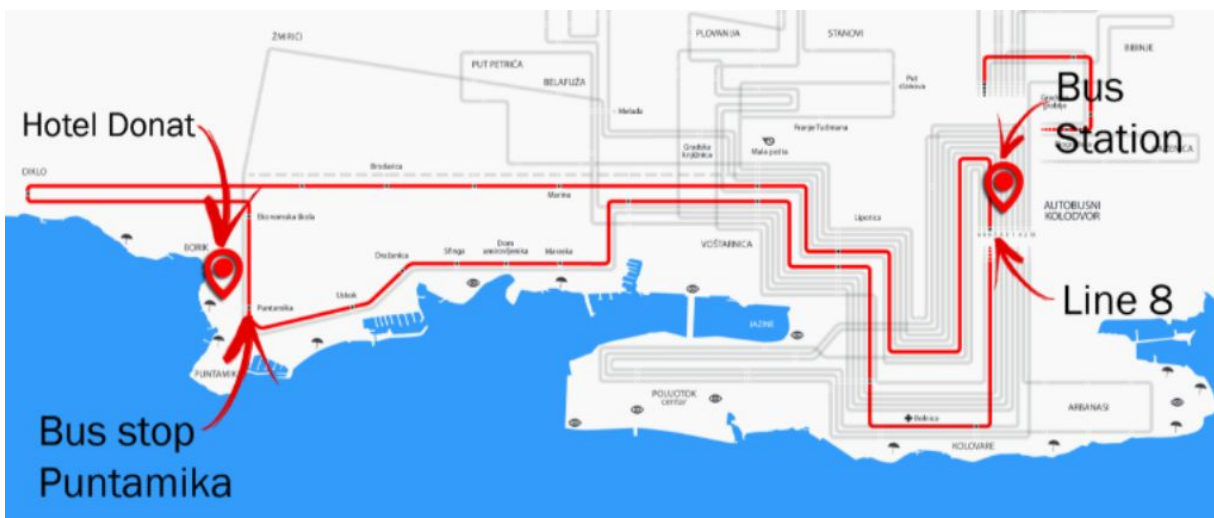
(It takes around 30 min of driving)

[Website](#)

From Zadar Bus Station to Hotel

When you arrive to Zadar Bus Station, please take a local bus to hotel Donat. Take a bus line 5 or 8, to bus station Puntamika. Ask driver to tell you when you arrive to Puntamika. From bus station Puntamika you have 5 min walk to hotel Donat. **Keep in mind that we do not refund taxi, uber or private car.**

[Website](#)



Financial conditions

Food & Accommodation

Food (breakfast, lunch, dinner, coffee breaks), accommodation and materials necessary for carrying out the project will be provided by coordinating organisation according to the rules of Erasmus+ Programme. Participants will be allocated in apartments in two-bed rooms.

Travel

Please save all original travel documents (public transport tickets: flight tickets, boarding passes, bus and train tickets). We will not be able to reimburse travel expenses incurred by private carriage such as Taxi, Uber or private car. Travel costs will be reimbursed following the submission of original travel documents. Don't forget to keep all original travel tickets. We strongly encourage you to buy flights that have the possibility to do online check-in and in this way you will be able to give us the return boarding passes as well, without sending them to us by post when you return home!

Reimbursements will be done through bank transfer of your sending organisation. The maximum travel budget:

Bulgaria	275€	Croatia	20€	Czech Republic	275€
Estonia	275€	Romania	275€	Italy	275€
Spain	275€	France	275€		

Travel costs will be reimbursed 100% up to the maximum amount listed above.

Health insurance

We strongly encourage you to bring European Health Insurance card.

What is European Health Insurance Card?

The European Health Insurance Card (or EHIC) is issued free of charge and allows anyone who is insured by or covered by a statutory social security scheme of the EU to receive medical treatment in another member state for free or at a reduced cost, if that treatment becomes necessary during their visit. It will cover you for treatment that is needed to allow you to continue your stay until your planned return. It also covers you for treatment of pre-existing medical conditions and for routine maternity care, as long as you're not going abroad to give birth.

I have travel insurance, why do I need EHIC?

The EHIC is not an alternative to travel insurance. It will not cover any private medical healthcare or costs such as mountain rescue in ski resorts, being flown back to the UK, or lost or stolen property. Therefore, it is important to have both an EHIC and a valid private travel insurance policy. Some insurers now insist you hold an EHIC and many will waive the excess if you have one.

Useful information

Weather conditions

Zadar is located on the coast. It is a sunny town but weather and temperatures can be unpredictable, so please bring warm clothes and rain clothes, we recommend you to bring umbrella in case of rain. During October, temperatures can vary from +10 Celsius to +24 Celsius and it can be windy.

Emergency numbers

Here is a list of the most important telephone numbers in Croatia:

- (+385) 112 – emergency number
- (+385) 192 – police
- (+385) 193 – fire brigade
- (+385) 194 – ambulance
- (+385) 1987 – road assistance
- (+385) 1 4640 800- HAK (Croatian automobile club)
- (+385) 18166 – weather forecast
- (+385) 18981 – general information

Croatian phrases

Good morning - Dobro jutro
Goodbye - Doviđenja
Have a nice day - Ugodan dan

How much does it cost? - Koliko košta?
How are you? - Kako si?
What's your name? - Kako se zoveš?

Partners



Bulgaria
Champions Factory
www.championsfactory.bg
Contact person: Shirin Amin
shirinamin8@gmail.com
+359899080808



Croatia
Udruga Prizma
www.udrugaprizma.hr
Contact person: Karlo Brunović
brunovic.karlo@gmail.com
+385923380291



Czech Republic
Brno For You, Z.S.
Contact person: Andrea Sura
www.brnoforyou.cz
andy@brnoforyou.cz
+420604349898



Estonia
Eesti People To People
www.ptpest.ee
Contact person: Ruta Pels
ruta.pels@mail.ru
+37253088867

MITRA FRANCE

France
MITRA France
Contact person: Paul Smulsky
paul_smulski@hotmail.com
+33725342750



Italy
Mine Vaganti Ngo
www.minevaganti.org
Contact person: Samanta Sedda
partenzemine@gmail.com
+39796010000



Spain

Las Ninas del Tul

www.lasdeltul.net

Contact person: Sara Vilchez Molina

activities@lasdeltul.net

+34695840771



Romania

Actions for Change

www.facebook.com/actionsforchange/

Contact person: Sandra Horea

sandra.horea@gmail.com

+40726504487

Contact

For any inquiry, assistance or help please contact your sending organisation coordinators of the project or directly project coordinators

Silvestar Petrov

E-mail: info@udrugaprizma.hr

Tel: +385989597680

Karlo Brunović

E-mail: brunovic.karlo@gmail.com

Tel: +385923380291