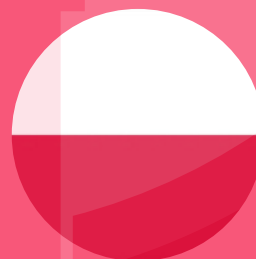
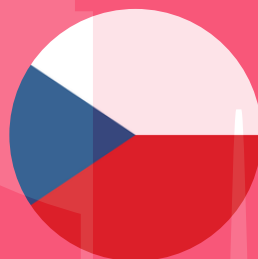


# DO FOR YOU

1st March- 6th March 2023  
TRNAVA, SLOVAKIA



Youth for  
Equality

• Visegrad Fund



# WHO ARE WE?

Youth for Equality is an organization, founded in Slovakia in 2016 as a local youth initiative with the aim to realise positive changes and develop activities on local and international level in the field of education, human rights and ecology for the current requirements of the Labour market


Since its establishment, the organization has become a pool of young professionals who provide guidance and organize teaching activities in order to provide youngsters with soft skills, knowledge about different educational and career opportunities at local, national and international level.

Youth for Equality carries out a program to acquire soft skills through non-formal learning such as discussions, debates, group work, brainstorming. From the topics of internal motivation and creativity, we go through leadership, teamwork, communication, marketing, work and educational opportunities, all the way to the creation of a business plan. During these workshops we implement new trends in the labour market.

The key persons of our organization are:

Diana Jašeková - president of the Youth for Equality organization. She has a doctor degree of Law and knowledge of International and European Law, her researches are focused on Criminal Law, Criminology and Youth delinquency. She has gained international certificates of project management. She has been working in three NGOs as a volunteer. She was involved in environmental projects where she led international volunteers and collaborated with municipalities on environmental topics. She is a youth worker, facilitator of our youth projects, mobilities of youth workers, as well as of projects organized.

Hakan Oguz is a project manager experienced in Erasmus+ and ESC programs. He has experience with managing international programs, volunteering, and mentoring. He has gained experience in writing, managing, and implementing projects including planning, monitoring, and supervising all project-related activities.



## DESCRIPTION

The main activity of the project will be a 6-day long mobility/mentoring program for 7 participants from Slovakia, 7 from Czechia, 7 from Hungary, and 7 from Poland so a total of 28 participants.

During this mobility several non-formal activities will be carried out, as well as workshops with public.

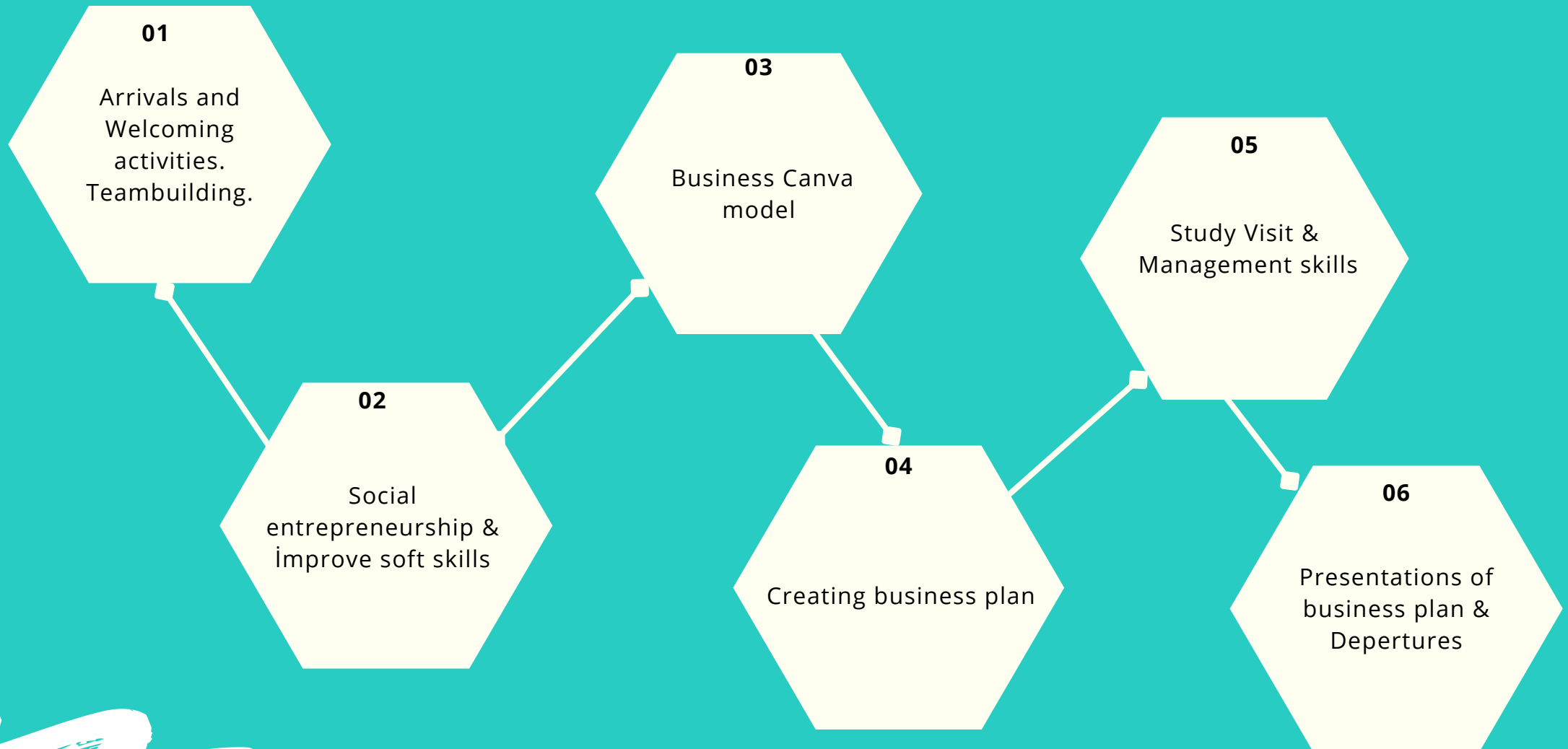
Learning in this project is aimed to develop knowledge, skills, attitudes and values in socially responsible activities and that youth active participation is voluntary but needed.

## PROJECT OBJECTIVES

- to improve young people's skills for business life
- to create a business idea through canvas model based on the topic of social entrepreneurship and upgrade it by the initiative of active young people
- to share good practices, research, and examples of social entrepreneurship in collaboration with V4 countries.
- to enhance the active participation of project participants during the program
- to create a common ground for the connection of project participants, mentors, experts, other young people, stakeholders, and partners.

# TIMETABLE

We are going to begin our activities from 9.30 to 13.00 with a coffee break of 20 minutes;  
have a lunch break from 13.00 to 14.00;  
continue our activities from 14.00 to 18.00 with a coffee break of 20 minutes;  
have a daily evaluation.



## PARTNER COUNTRIES

Karvina Sustainably z. s.  
Czech Republic

EUROPEJSKA  
FUNDACJA  
ROZWOJU  
CZŁOWIEKA  
Poland

Youth In One Association  
Hungary

Youth for Equality  
Slovakia

## PROFILE OF PARTICIPANTS

28 young people from each partner country between 17 - 24 years old.

Participants are students in need gaining practical experiences or skills and the unemployed who feel like youth leaders motivated to do something for society, in a need to explore their own potential and change their direction. Some of them are a bit frustrated and demotivated about our future, but interested in sustainable development and its approaches in the field of labour market.



Travel days are the 1st of March and 6th of March.

## REIMBURSEMENT

Czech Republic 70€ /participant

Poland 70€ /participant

Hungary 70€ /participant

Travel costs will be reimbursed to the sending organizations' bank accounts upon the receipt of all the justification documents and only if all the needed documents have been sent to the coordinating organization.

All travel documents must be kept, as those documents, tickets, and boarding passes will be collected for reimbursement (mandatory)! All the tickets (receipts from the bus or train tickets or any other tickets for public transportation with shown prices on them), must be sent by post after the project (both arrival and departure ways) to the following address:

Youth for Equality  
Hlavná 22  
91701 Trnava  
Slovakia

**PLEASE DO NOT BUY ANY TICKETS WITHOUT OUR**

**CONFIRMATION!**





# HOW TO GET TO TRNAVA?

Here are some useful tips on how to get to Trnava.

**Green Travel:** You should prefer green travel with bus, train, or car sharing.

**From Vienna airport:** The best connection from there is a direct bus from the airport to Bratislava bus station (no need to get to Vienna center). Please buy your ticket online with one of these companies: [www.slovaklines.sk](http://www.slovaklines.sk), [www.regiojet.sk](http://www.regiojet.sk), and [www.global.flixbus.com](http://www.global.flixbus.com).

If you go directly from Vienna airport to Bratislava - on security check you say "transit to Slovakia" and no documents are required. If you wanna stay in Vienna then you have to manage tests based on regulations in Austria on your own before your arrival (extra days or extra expenses are covered by you).

**From Budapest to Bratislava:** There are buses and trains from Budapest to Bratislava. You will easily find the connection with bus companies [www.slovaklines.sk](http://www.slovaklines.sk), [www.regiojet.sk](http://www.regiojet.sk), [www.global.flixbus.com](http://www.global.flixbus.com), but I suggest trains <https://www.zssk.sk/en/>. It is up to you.

**From Bratislava to Trnava:** Getting from Bratislava to Trnava is easy by bus or train - the website to check the connection is [www.cp.sk](http://www.cp.sk) (BUS - ticket to buy from the bus driver, TRAIN - ticket to buy is in the window in the station or <https://www.zssk.sk/en/>).



# FLIGHT OPTIONS

You can search for the flights to Bratislava, Vienna , Budapest or Prague. We recommend [www.skyscanner.net](http://www.skyscanner.net)

If you arrive to Bratislava, you can check connections to Trnava on [www.cp.sk](http://www.cp.sk) (bus/train, 30 - 60minutes, price around 5 eur).

If you arrive to Vienna Schwechat airport, you will take a direct bus to Bratislava (duration 1 hour, price 5 eur, companies Regiojet, Slovaklines or Flixbus) and then from Bratislava to Trnava again you can check connections on [www.cp.sk](http://www.cp.sk).

If you arrive to Budapest airport, you will take public transport in the city and then either a bus or a train to Bratislava (3 hours, price 15 - 20 eur).  
From Bratislava to Trnava you can check connections on [www.cp.sk](http://www.cp.sk).

If you arrive to Prague airport, you will take public transport in the city and then either a bus or a train to Bratislava (5 hours, price 20 eur +)  
From Bratislava to Trnava you can check connections on [www.cp.sk](http://www.cp.sk).

More details will be provided by email and in facebook group.



## **YOUR INSURANCE**

All participants must have a valid EHIC to travel and attend the project. If not, participants are required to have insurance cover for the entire duration of the project. Insurance is obligatory for your safety and health.

## **Covid19 REQUIREMENTS:**

Participants should preferably hold the Green Pass to come to the project - it is not currently an obligation. An antigenic test prior departure may be required by your country if non-Schengen country (in this case it will be covered under the travel costs allowances per person).

## **WHAT TO BRING FOR THE PROJECT**

personal hygiene products (shampoo, toothpaste, etc.)  
specific medicines (if you need any)  
personal documents to travel

laptop and/or tablets that serve to work for the project activities (please, do not count only with your smartphones as it will be not sufficient)

materials and a presentation regarding your Sending Organisations  
some national/local snacks and sweets  
any other item that you consider relevant.

# ACCOMMODATION

NA MLYNE  
TRNAVA, SLOVAKIA

<http://www.namlyne.sk/>



# FOOD

Breakfast, lunch, and dinner will be served in the hotel. There will be coffee breaks twice a day. Each participant must inform about diets and intolerances upon arrival. The form will be sent to partner organisations and shared with participants.



# ABOUT TRNAVA / SLOVAKIA

TRNAVA IS ONE OF THE OLDEST AND MOST IMPORTANT CITIES IN SLOVAKIA. IT IS A NATURAL CENTRE OF LOWER POVAŽIE, THE SEAT OF THE TRNAVA DISTRICT AND TRNAVA SELF-GOVERNING REGION. WITH A POPULATION OF 65 000 INHABITANTS IT IS THE SEVENTH BIGGEST CITY IN SLOVAKIA.

TRNAVA IS ONE OF THE OLDEST AND MOST BEAUTIFUL MEDIAEVAL TOWNS IN SLOVAKIA. IT WAS THE FIRST TOWN TO BE GRANTED THE PRIVILEGES OF A FREE ROYAL TOWN. IN THE MIDDLE AGES IT RANKED AMONG THE LARGEST GOTHIC TOWNS IN CENTRAL EUROPE.

TRNAVA COMES CALLED ALSO A "LITTLE ROME" BECAUSE OF THE CHARACTERISTIC COMPLEX OF UNIVERSITY BUILDINGS AND THE MANY PRESENT CHURCHES IN TOWN.

CURRENCY IN SLOVAKIA IS EURO (EUR). THERE ARE SEVERAL MONEY EXCHANGES IN TRNAVA.

[HTTPS://SLOVAKIA.TRAVEL/TRNAVA](https://slovakia.travel/trnava)



# CONTACT



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91701 Trnava  
Slovakia

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[info@youthforequality.sk](mailto:info@youthforequality.sk)

