

# CANVAS FOR YOUTH

26 June / 3 July  
Tolocirio, Spain



**BRISA**  
INTERCULTURAL

# The project

Art is capable of altering our emotions and creating social ties, it allows us to share feelings. It is a very powerful non-verbal language that allows people to express their most intimate emotions. Through art and heritage, we can communicate effectively emotions that otherwise, we wouldn't know how to verbalize. With this project, we want to help young people to learn to use art as a method of self-reflection and communication. We intend to develop their critical sense to make them no longer passive but active users, being able to use heritage and art as a means of communication and self-awareness.



# Participant Profile



- Participants will be **between 18 and 25 years old**.
- In each national group the gender balance will be respected (as many male and female participants).
- Participants must **be able to communicate in English**.
- Participants must be interested in **art and heritage**.
- Participants must attend all youth exchange activities and **actively participate** in them.
- Each national group should prepare a workshop on the art and heritage of their country.
- Each national group will have a **group leader with experience** in the Erasmus+ program.



# Accommodation



The house "[Casa Tino](#)" consists of several rooms equipped with sheets and 7 bathrooms distributed throughout the house. With single and double beds and capacity for 40 people.

It also has:

Heated and outdoor swimming pool, so bring your swimsuit!

Large terrace and garden.

Huge common room.



If you feel uncomfortable sleeping in a double bed, write us an email so we can take it into account!



# Cultural Adventures

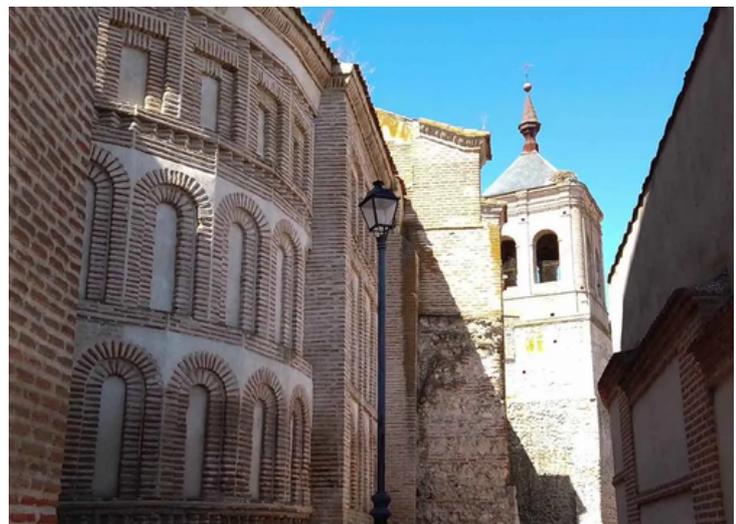
We are going to discover two cities with an important cultural heritage of the region.

**Segovia.** This city has one of the most impressive Romanesque complexes in all of Europe, it preserves a magnificent and well-preserved Aqueduct, a castle and a historic center protected by walls and fortified towers. It is a World Heritage City!



**Olmedo.** This city preserves remains of its medieval walled enclosure, with square towers, a Plaza Mayor and two museums. It is a medieval town that retains great charm.

We will discover it together!





# The Trip

All participants must fly to Madrid. To return home, the flight will depart from Madrid.

Participants must be in Madrid on June 23 before 7:00 p.m. To return to your countries, you can take the return flights from July 3 at 13:30.

A private bus will pick you up from Madrid airport and Madrid center and will take you to Tolocirio.

## How to buy the flight?

The team leader will help organize the trip for the participants. Participants will send the “travel plan” to [brisaintercultural@gmail.com](mailto:brisaintercultural@gmail.com) and will wait for the Canvas for Youth team to approve the trip. Once the Canvas for Youth team confirms the trip, the participants will buy the flight to get to MADRID. In Madrid you must take the project private bus to get to Tolocirio.

The steps that the participant must follow are:

1. Arrange the trip with the team leader (going to Madrid and back from Madrid).
2. Send the travel plan to [brisaintercultural@gmail.com](mailto:brisaintercultural@gmail.com)
3. Wait for a response from the Canvas for Youth.
4. Buy tickets.
5. Send all tickets, reservation email, boarding pass, etc. to [brisaintercultural@gmail.com](mailto:brisaintercultural@gmail.com)

During the project, the participants will deliver the original tickets to the team and fill out a questionnaire with their bank details. The refund will be made by bank transfer between 10 and 30 days after the project.

# Budget

Country	Number of participants	Budget
Spain	7	0€
Malta	6	235€
Greece	6	320€
Italy	6	235€
Poland	6	320€
Czech Republic	6	235€



# What to prepare?



1

Each national group must prepare a 90 minute workshop related to the art and heritage of their country. These workshops should be spaces for learning through art, intercultural learning and artistic creation. They can focus on the tangible or intangible heritage of countries. To prepare these workshops, the national groups will have the support of the project facilitator. Brisa Intercultural will prepare the materials to carry them out.

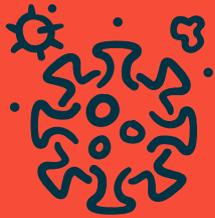
Each country will prepare an intercultural night. It is a space to talk about the culture and traditions of each country. It should be short (around 20-30 minutes) and interactive. You can also bring typical food and drinks, music, games...

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# What to bring?



## Documents



We recommend that you have the updated covid certificate to participate in the exchange. Please remember to bring your covid passport along with your documents (ID, passport...). Check that your documents are not expired. It is an essential requirement that you obtain the European health card to be covered in Spain.

## Suitcase

-TOILET: Soap, towels and flip flops are essential.

-CLOTHING: There will be extreme temperatures. During the day it will be hot but at night the temperatures are low so bring some warm clothes. Don't forget your swimsuit!

-BODY PAINTING: We are going to do a body painting workshop. If you are comfortable without clothes there is no problem but if you prefer you can bring a white t-shirt and clothes that can get stained for the workshop.



## Traditional food and drink



During the evenings we will carry out "Intercultural Nights". Each country must prepare a presentation, game, to teach us their country, language and culture. It should be something interactive that lasts less than 30 minutes. At the end we will try typical food and drink from that country.

**;;Good mood!!**