

AWESOME PEOPLE



PRESENTS

Project within Erasmus+ Accreditation



29 Sep – 6 Oct 2023

Kopparberg, Sweden

29-09-2023 Arrival day

06-10-2023 Departure Day



Erasmus+

www.awesomepeople.se



Be Wealthy

The secrets of financial literacy

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Welcome and

Congratulations!

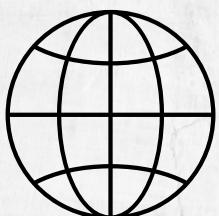
You are one of the 26 participants who will participate in the Youth Exchange "Be Wealthy - The secrets of financial literacy" between 29th of September to 6th of October 2023 in Sweden.

The Youth Exchange will be held in Kopparberg, located 219 km west of Stockholm. Kopparberg is a small village famous for the brewery that makes Kopparbergs cider and is located one hour from Örebro - the sixth largest city in Sweden.

There will be participants from Sweden (5+1 group leader), Romania (5+1 group leader), Spain (5+1 group leader) and Country X (5+1 group leader) and 2 project coordinators together with our hosting team.

We want you to have a great experience and we prepared this info pack with all the practicalities you need to know and a bit about the project itself. We look forward to meeting you all in Kopparberg!

Your coordinator and host organisation is Awesome People, a youth NGO founded back in 2013. Awesome People is based in Örebro and recently also in Kopparberg with a mission of **making people be and feel awesome - one learning experience at a time - for people to create a better world for themselves, for others, and for the planet.**



Check us out!

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About the project

The project "Be Wealthy" consists of one Youth Exchange in Sweden where you will get:

- Intercultural experience
- Learn about what is financial literacy and how you can become wealthy
- Work in international teams
- Create a financial literacy workshop!



After the youth exchange you will go back home where you will spread the knowledge to other young people in your local community.

We envision the youth exchange to contribute with more financial literate young people who have a concrete plan on how to be more wealthy in their lives.



The **aim** of the project is to **engage** young people in the topic of financial literacy, **empower** them with financial skills of how to be more wealthy and **connect** young people from different countries to learn from each other.

Objectives

- Provide time and space for young people to learn about financial literacy
- Empower young people with financial skills such as budgeting, saving, investing etc.
- Create a workshop on financial literacy to empower the local community





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Schedule

Date Time	29/9 Friday	30/9 Saturday	1/10 Sunday	2/10 Monday	3/10 Tuesday	4/10 Wednesday	5/10 Thursday	6/10 Friday
08.30 - 09.30	ARRIVAL	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
09.30 - 11.30		Youth Exchange opening Getting to know each other	<i>Learning Reflection</i> What is financial literacy?	<i>Learning Reflection</i> Saving & investing - the four buckets	<i>Learning Reflection</i> Entrepreneurship & income generation	<i>Learning Reflection</i> Goal setting & financial planning	<i>Learning Reflection</i> My Be wealthy plan	DEPARTURE
11.30-12.00		FIKA	FIKA	FIKA	FIKA	FIKA	FIKA	
12.00-13.00		Teambuilding	Being wealthy	Financial institutions	Entrepreneurship & income generation	Preparations for the Be Wealthy workshop	Learning journey	
13.00-15.00		LUNCH (13.00-14.30)	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	
15.00-17.00		14.30 Intro to the project Learning Journey Erasmus+ <i>Family Groups</i>	Budgeting <i>Family Groups</i>	Debt management and consumer awareness <i>Family Groups</i>	Entrepreneurship & income generation <i>Family Groups</i>	Preparations for the Be Wealthy workshop FIKA	Evaluation Youthpass Ceremony	
17.00-19.00		FIKA Free time/country team cooking	FIKA Free time/country team cooking	FIKA Free time/country team cooking	FIKA Free time/Swedish team cooking	Be wealthy workshop	FIKA Free time	
19.00-		Welcome Dinner	Country Dinner & Cultural evening	Country Dinner & Cultural evening	Country Dinner & Cultural evening	Swedish Dinner & Cultural evening	19.00 Bowling 20.00 Dinner & Free evening	Dinner See you soon party!

With reservation for changes



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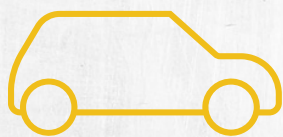
Logistical Information

Arrival day Friday 29/09/2023- No later than **7 pm** in Kopparberg! (Don't forget to check when there is a train to Kopparberg before you purchase your other tickets!) We will not reimburse tickets if you arrive later than 7 pm!

Departure day Friday 6/10/2023 - **Before 12.00!**

The best option is to take a flight to Stockholm Arlanda Airport and from there take the train to Kopparberg C (the trip takes 3.5 - 4.5 hours) and costs between 40-50 euro check tickets here: www.sj.se

However, we strongly advise Green Travel to and from Kopparberg to minimize our project's ecological footprint.



We will meet you up at Kopparberg Central Station when you provide us with your arrival time and guide you to the house and also take your luggage to the house.

Kopparberg Central Station



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Practical Information

The youth exchange will take place at Awesome People House in Kopparberg, Sweden at Laxbrogatan 24, 714 31 Kopparberg located 5 min walking distance from Kopparberg village center. In the village center there are a few shops, supermarket, pharmacy and more. Map [HERE](#). You will stay in shared 6-9-people bedrooms (mixed country not gender) and have access to shared bathrooms with showers. **Bed linen will be provided but you need to bring your own towel.** The house has wifi. Accommodation costs are covered by the Erasmus+ program.



Breakfast, lunch, dinner, and coffee breaks (FIKA) will be served in the house. Please, don't forget to mention in the registration form if you have any dietary requirements. All food is covered by the Erasmus+ program. Also, each national team will organise a cultural evening with dinner where you should cook food representative of your country and prepare some games/presentation. For the cultural dinner we need your group leader to send us the list of ingredients needed to serve 30 people.



The weather in Sweden in September-October is usually +1 to +8 but please check it out closer to the time and pack appropriate clothes. We will update the weather information in the Whatsapp group closer to your arrival.



Sweden's currency is SEK. All places accept bank cards, not all accept cash since Sweden wants to be a cash free society. If you want to take out money there is ATM 5 min walk from the house.



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Travel Reimbursement

Accommodation and food are 100% covered by Erasmus+. Travel costs are budgeted according to Erasmus+ conditions (using the European distance calculator from the city where your sending organisation is registered to Kopparberg).

<https://erasmus-plus.ec.europa.eu/resources-and-tools/distance-calculator>

Travel costs exceeding the maximum reimbursable amount will not be covered. If there are any changes in route or special travel requests, please confirm these with the project coordinator **BEFORE** purchasing the tickets. Failure to do so may result in some tickets not being reimbursable. Reimbursements will be made by bank transfer to the organisation or appointed responsible participant **AFTER** dissemination activities are held (within 1 month after the youth exchange based on proof of dissemination) and if all the original documents are provided to the project coordinator.

Travel distance	Standard travel	Green travel
10 – 99 km	23 EUR	
100 – 499 km	180 EUR	210 EUR
500 – 1999 km	275 EUR	320 EUR
2000 – 2999 km	360 EUR	410 EUR
3000 – 3999 km	530 EUR	610 EUR
4000 – 7999 km	820 EUR	
8000 km or more	1500 EUR	

STEP BY STEP

- Fill in the internal evaluation form at the end of the week.
- Fill in the form sent by the Erasmus+ system (Mobility tool/Beneficiary Module)
- Upload all your travel confirmations, invoices, and boarding pass to the Google Drive folder. The link will be sent to the group leader.
- Write a small testimonial report of your experience of the youth exchange.
- Hold the agreed dissemination activities within 1 month after the youth exchange
- Send us the testimonial report, pictures and a small report of the dissemination activities.



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Participant Information



Participants of the youth exchange should be young people **16-20 years old** identifying themselves as a person with **fewer opportunities** in comparison to their peers. They should be interested in the topic of financial literacy. The group leader should be an experienced youth leader 18+ who must participate in preparatory team meetings.



All participants must be involved in the **preparatory work** organized by the group leaders. All participants must implement a **dissemination event** in their local community within 1 month after the youth exchange and write a testimonial report.



Partners should ensure **gender balance** among participants.



It is mandatory to have valid **travel and medical insurance** (i.e., European Health Insurance Card) during your travel. The host organisation will not cover any personal health costs. If you need help with this, please contact your sending organisation.



We encourage you to bring special **ingredients**, snacks, and beverages (non-alcoholic) for the cultural evening, any favorite games for the evenings. Don't forget your **towel** and **Health insurance** card!



Failure to fully participate in the content sessions or inappropriate behavior might result in reimbursement not being given to the participants with a notice provided to the sending organisation or exemption of the participant from the youth exchange.



In Sweden alcohol is **prohibited** in youth activities and it is a **crime** if young people under the age of 18 years old are given alcohol. **Do NOT bring any alcohol to the youth exchange!!**



In Awesome People we encourage people to be themselves and we want all our activities to be a **safe space** for all participants no matter background, gender, sexual identity, religion or other categorization.

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Go Green!

In Awesome People and in our projects we want to reduce our ecological footprint so we encourage all participants to be as sustainable as possible. Here are some ideas for you!

Use the **Green Travel** option when travelling to Kopparberg!



Pack **lightly!** Don't bring things you will not use.



Take **short** showers!



Bring your **re-usable bottle** and **re-usable shopping bag** if you have one!



In Sweden we practice **waste sorting**, be sure to throw trash in the right container!



Be open to try out **vegan** food!



Bring more environmental friendly **ideas** on how we can make the youth exchange more green and share with others!



To-Do List

- ✓ Fill in the online registration form [HERE](#) Deadline 8th September 2023
- ✓ Book your flight to Stockholm Arlanda Airport and connecting train from Arlanda to Kopparberg C to fit the budget so you reach Kopparberg no later than 7 pm on 29th of September. Better yet, book your Green Travel all the way to Kopparberg C!
- ✓ Join the Whatsapp group for updated information and ongoing activities. You can find it [HERE](#)
- ✓ Inform us about your arrival and departure time to erasmus@awesomepeople.org so we have a record of when to pick you up. Deadline 8th of September 2023



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Questions? Contact us!

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*Looking forward to see
you in Kopparberg!*

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