

## Youth Exchange EcoAct 06.-13.04.2024.

Main topic: Green practices and active citizenship

Venue: Čiovo Island, Croatia https://maps.app.goo.gl/tvXd1Nr549N45obz5

Accomodation: Houses 2-8 beds. Common showers.

Main facilitator: Vedran Štajdohar - Žohar

Participants: 7 young people age 13-18 and 1 leader (in total 8 per partner)

<u>Goal:</u> Personal development and strengthening of personal capacities in topics of green practices and active citizenship.

Summary: EcoAct is the second activity of the third year of the "Young people in Focus" accreditation. EcoAct is a youth exchange with the main goal of raising knowledge related to green practices and active citizenship. Expected results:

- Questioning our impact on environment
- Raising awareness about sustainability and its purpose
- Exploring possible actions on local level to tackle environmental issues
- Exploring and acknowledging ways to act

By realizing the goals of this activity, young people will:

- become more confident by developing critical thinking towards oneself and the community

- become aware of one's own problems and challenges
- build their social skills by adopting all the above skills
- raise willingness to actively approach challenges one sees in the local community.

Participants will be introduced to the youtpass certificate, which will be awarded to them at the end of the activity. The activity is supported by GDCK Solin, and for the

needs of media reporting we will use the Solin Chronicle, Radio Sunce. During the implementation of the activities, participants will be additionally insured. Participants are expected to:

- Proactive participation
- Sharing their opinion, examples from practice
- Peer help
- Creativity
- Make a dissemination plan

Leadership duties:

- Make quality preparation for the activity
- Support and be available to participants
- Assist in the process of acquiring skills and knowledge
- Actively participate in the technical implementation of activities

- Coordinate the dissemination plan and implement it in practice together with young people

- Create a document on participants with fewer opportunities and how the activity has contributed to reducing their barriers (anonymous)

Travels:

- If coming by plaine, please book tickets to Split airport. From there we will take you to the venue (15 min by car).
- If coming by car/van please follow link in this infopack
- If coming by bus, please book your tickets to Trogir bus station and from there we will take you by car.

Travel expenses are covered in full by the european travel budget. More info: <u>https://tenerifecourses.com/course-registration/costs-covered-by-erasmus-grant/</u> Please, if possible, book arrivals on 06.04. until 14:00 so we can organize lunch and accommodation in time.

	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	06.04.	07.04	08.04.	09.04	10.04.	11.04	12.04.	13.04.
08:00 - 09:00	Hygiene & breakfast	Hygiene & breakfast	Hygiene & breakfast	Hygiene & breakfast	Hygiene & breakfast	Hygiene & breakfast	Hygiene & breakfast	Hygiene & breakfast
09:00 - 09:30	Energizer	Energizer	Energizer	Energizer	Energizer	Energizer	Energizer	Energizer
09:30 - 11:00	Arrival	(1) Eco approach (2) Our values, rules of behaviour (3) Fears, Hopes and contributions (4) Youthpass	ProactiveEcoland	Split Chalange	CLP	NFE box - Green	Fears/Hopes/Contributions final evaluation Mood calendar evaluation	SOCIAL MEDIA preparing and posting tear topic posts on FB/INSTA
11:00 - 11:30		break	break	break	break	break	break	break
11:30 - 13:00	Arrival	Team building activities Mission impossible	ProactiveEcoland - national group reflection and activity planning	Split Chalange	CLP	Thinking modul Sustainable change in our daily lives	Social dreaming / Dixit reflection - recap	Packing
13:00 - 14:00	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Departure
14:00 - 15:00	free time	free time	free time	free time	free time	free time	free time	
15:00 -16:30	Arrival	6 R of sustainability	THOR	Preparation for intercultural afternoon	Thinking modul Local activizam - how to preceed	How to grow your own garden?	YOUTHPASS filling out the certificate	
	(1)Introduction Games, Icebreakers							
16:30 - 17:00	(2) Project Intro (3) Erasmus+ (4) Secret friends	break	break	break	break	break	break	
17:00 - 18:30		Theatre if improvisation - Sustainability in our lifes	Quiz time - Green practices	Intercultural afternoon + Pub quizz	SOCIAL MEDIA preparing and posting team topic posts on FB/INSTA, dissemination materials	Gardens fair. Exhibition of different ideas, feedbacks	PPT/PREZI/BOOKLET creating a short presentation of our team work	
	Inbound Questionnaire Mood calendar							
18:30 - 19:00	Daily Diary	Daily Diary	Daily Diary	Daily Diary	Daily Diary	Daily Diary	Daily Diary	
19:00 - 20:00	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	
20:00-21:00	National reflections	National reflections	National reflections	National reflections	National reflections	National reflections	National reflections	
21:00	Facebook profile	Social time - escape rooms	Social time - Real ideal	Social time - light games	Social time	Social time	Final ceremony	
23:00	sleeping time	sleeping time	sleeping time	sleeping time	sleeping time	sleeping time	sleeping time	

## Draft plan of activities:

<u>Personal things:</u> Bed sheets and blankets are provided. Sleeping bags are optional, not needed, but recommended.

Towels are not provided, so please bring your own

In April, the sea is still cold so swimming is not considered "normal" at that time.

Nevertheless, a swimming suite is recommended, also for showers.

Weather conditions are expected to be sunny and warm, but still there are possibilities of showers, so bring raincoat or umbrella (recommended raincoat due to possible wind).

For any other needed information, please feel free to contact us: email: posejdon@oip-posejdon.hr phone/whatsapp: +385951983576 - Žohar