



# DIGITAL NATURE 2.0



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Short term volunteering  
project

in Marttinen Youth Centre, Finland  
7.-28.10.2024



SUOMEN  
NUORISOKESKUKSET

## What is it about?

The project will bring together 6 volunteers to Marttinen Youth Centre. During the 21-day long ESC project (including travel days) the volunteers are going to work on topics related to digital media, cultural awareness, event planning & implementation and own personal project.

## Tasks for the volunteers

Planning, recording & publishing podcasts about their experiences and about the values of Marttinen and all of the Quality labeled youth centres for Council of Europe to promote.

Planning & implementing Kekri (similar as Halloween) themed open house activity together with Marttinen's staff.

Planning the visibility for the project and publishing posts in social media and to Marttinen's webpage

## Participant's profile

Volunteers we are looking for this ESC project are between 18 to 29 years old,

- Those, who wouldn't normally (in their life) to be part of international activities.
- The volunteers have to have the motivation to be part of three week-long project and willing to pledge to working in a small group, in a small town and more precisely in a youth centre
- Willing and able to communicate in English
- Volunteers will be selected based on their motivation and short interview (please note, that volunteers must have a supporting organisation before participating this activity)

# MARTTINEN YOUTH CENTRE/ NATIONAL YOUTH CENTRES

## Funded and supervised by the ministry of education and culture

located in Virrat, Finland, is one of the 8 youth centres in Finland approved and supervised by the Ministry of Culture and Education. The Finnish Youth Centres are residential educational facilities for organising courses, camps and other youth work activities, acting also as leisure time centres that are specialised in youth activities. The main aim of our centre is to provide and support quality of youth work in the region, working tightly together with different regional, national and international partners. Marttinen develops and implements youth work methodology (such as social youth work, adventure pedagogics, school cooperation etc.) supporting competence development of the young people and youth workers in the area.

## International experience in Marttinen Youth Centre

Youth Centre Marttinen has experience in youth work for more than 30 years and international youth work is a big part of it - recognised by the Council of Europe's Quality Label for youth centres. This experience gives us an expert status working on activities and working with young people i.e. through adventure education, social youth work and formal / non-formal education cooperation.



## AIMS AND OBJECTIVES

This is what the project can bring you

It is not that easy to put in the words how the ESC volunteering project looks like, especially if you don't have any experience with Erasmus+ or other similar activities yet. But these are the fundamental features of this project:

### People and team work

You will spend 21 days with a group of your peers from several European countries coming from different contexts and cultures. You will find out that not everyone can see things in the same way and you can find inspiration at different points of view. You will have a chance to work in different teams with different people and developing communication skills will be your daily practice.

### Space for learning and development

Spending almost a month on a volunteering project abroad is a great space for your own learning and challenge at the same time. We want this project to be a meaningful experience for you and it will provide you with many learning opportunities. You will be given a chance to plan, run and evaluate activities for local families in Kekri (a bit similar as Halloween but Finnish, old tradition) event and gain experience in creating podcasts and social media coverage about your experience with each other and us here in Marttinen.

With the Kekri event, you will get familiar with the basics of project management. The whole project will be also a safe space for you to try different roles - from taking leadership to being a supportive and reliable team member with your own responsibilities. Here, we listed only some of the learning opportunities, but you will be always supported to take initiative to address your own learning needs.



# PRACTICAL INFORMATION

## Accommodation

The volunteers will be living together in our log cabins in own rooms (can be shared if wanted, there are two beds in each room). There is a kitchen, a living room, a bathroom and a sauna in each cabins, together with free Wi-Fi. The cabins are located in the main venue of Marttinen, nearby the lake. The linen and towels are provided by the centre. There is a possibility to wash your laundry during the project

## Working hours

Volunteers will work mainly between 9.15 - 18.00 daily. There's a break after lunch. The weekends are leisure time, if not agreed differently. If there will be work during the weekends, there will be the same amount of days free.

## Supporting (sending) organisation

As this is a individual volunteering project each one of you will need a supporting (sending) organisation. The supporting organisation will prepare you before departure and mediate with us, as well. Once we have wide network around Europe, we can help you finding one!



# SUPPORT FOR THE VOLUNTEERS

## BEFORE

- 1-2 pre-departure meetings between supporting organisation and volunteers
- Video call / call with a volunteer, supporting organisation and Marttinen project coordinator, if needed
- On arrival training at the very beginning of the project

## DURING

- Tutor as daily basis
- Mentoring sessions by our mentor
- Daily reflection sessions to integrate information and share learning outcomes
- Support from sending organisations
- On going support from 2 professional youth workers of youth centre Marttinen
- Flexibility in supporting to volunteers special needs (individual support when needed)
- Pocket money 6 € / day
- Daily food served in our restaurant
- Accommodation
- Evaluation meeting for volunteers in home countries after returning from ESC-project

## AFTER

- Evaluation meeting for volunteers in home countries after returning from ESC-project



# TRAVEL ARRANGEMENTS

Arrival date 7th of October (to Helsinki – Vantaa, not the latest flight on the day)

Departure date 28th of October (from Helsinki – Vantaa, no flights before the noon)

Reimbursement of travel expences

- Flight arrangements must be approved by the hosting organisation
- Volunteers (together with supporting organisation) are responsible for searching for adequate flights, respecting the mobility dates & budget

More detailed information about the travels in online meeting 11th of September.



# OUR VALUES

## EQUALITY AND COMPANIONSHIP

No matter what our differences, we are all equal. We believe in promoting equality through our environment and actions. Together, we engage in shared activities and promote companionship and solidarity between children and youth on their own terms. We fight against bullying and support our friends.

## RICH IN EXPERIENCES AND DIVERSITY

All of us yearns for adventures and new experiences. Diverse activities, learning new and closeness with nature are important to us. New experiences allow us to learn new skills and take a break from everyday life.

## INCLUSION

Our voices are heard and our opinions hold real weight. We are genuinely included and engaged in organising the centre's activities.

## SAFETY

We want to feel safe in a comfortable environment, where daily activities are consistent and predictable and our voices are heard.





# CONTACT INFORMATION

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