# LIVING



A QUICK GUIDE



# INTRODUCTION



Learning from one's own mistakes is considered by many people to be the best way to discover oneself to grow as a human being. However, such experiences may sometimes leave us crippled, both physically and emotionally. As a consequence, we can say with absolute certainty that learning from other people's failed experiences is not only the best, but also the safest path to take when trying to discover who you are. And living library is such a path. It is a method, actually which not only allows the readers/audience to listen to the books' stories and absorb even the minutest details, but live them at the moment of their telling, leaving the reader wiser but less scarred.

# ROLES

#### **BOOK**

A PERSON THAT IS
WILLING TO
BECOME A
STORYTELLER

#### **READER**

A PERSON THAT
LISTENS TO A STORY
FROM A BOOK. (UP
TO 5 PER BOOK)

### **LIBRARIAN**

A PERSON THAT LOOKS AFTER A BOOK

## **VOLUNTEER**

A PERSON HELPING
THE ORGANIZATION
WITH THE PROTOCOL
AND TECHNICALITIES

### **DICTIONARY**

A PERSON THAT IS
WILLING TO
TRANSLATE FOR A
BOOK

# THE GUIDE

## FINDING BOOKS

SEARCH FOR BOOKS BASED ON THE TOPIC YOU THINK THE AUDIENCE WILL WANT TO LISTEN TO IN ORDER TO LEARN SOMETHING ABOUT THEMSELVES

## FINDING READERS

PROMOTE THE EVENT ON SOCIAL MEDIA:
FACEBOOK PAGE, INSTAGRAM POST, EVEN
POSTERS. IT'S UP TO YOU, JUST REMEMBER TO
MAKE A FORM FOR SIGNING UP TO KEEP TRACK
OF THE NUMBERS. IN IDEAL CONDITIONS THE
BOOK SHOULD HAVE ONLY ONE READER. THE
NUMBER OF READERS MAY BE INCREASED TO 5
DEPENDING ON HOW COMFORTABLE THE BOOK
IS WITH A LARGER AUDIENCE

# FINDING A LOCATION

FIND A LARGE AND SPACIOUS PLACE, IDEALLY
WITH SEPERATE ROOMS OR PHYSICAL
BARRIERS BETWEEN THE BOOKS. PRIVACY IS
VERY IMPORTANT

## FINDING LIBRARIANS

FIND A LIBRARIAN THAT IS EMPATHETIC,
CONSIDERATE, RESPONSIBLE AND ALWAYS
THINKING OF THE BOOKS' NEEDS. PREPARE
THEM TO EXPECT THE UNEXPECTED

## FINDING VOLUNTEERS

FIND A VOLUNTEER THAT IS WILLING TO HELP WITH THE ORGANIZATIONAL MATTERS SO AS TO LET THE LIBRARIAN FOCUS ON THE BOOK

# ORGANIZATION

CREATE A TIMETABLE (20 MINS OF STORYTELLING, 10 MINS OF QUESTIONS AND A 10 MIN BREAK)

GROUP THE READERS ACCORDING TO HOW WELL THEY KNOW EACH OTHER SO AS THEY MAY FEEL COMFORTABLE IF THEY NEED TO ASK QUESTIONS

PREPARE THE PLACE (SEATS, SNACKS, BEVERAGES & MOST IMPORTANTLY TISSUES)

CREATE FEEDBACK FORMS AND PREPARE ENVELOPES FOR BOOKS AND READERS

# FOLLOW UP ACTIVITY

### **FEEDBACK**

COLLECT FEEDBACK
FORMS FROM THE
READERS AND THE BOOKS

## **SUPPORT MESSAGE**

KINDLY REMIND THE
READERS THAT THEY CAN
LEAVE SUPPORTING
MESSAGES FOR THE BOOKS

This booklet was created by participants of the Training course We are all humans: Solidarity is in the air under Erasmus+ program.

