

INFOPACK

ERASMUS + TRAINING COURSE DECODING CULTURES

11 -18 April 2025 - Lodz, Poland

DEAR PROJECT PARTNERS AND POTENTIAL PARTICIPANTS!
BELOW, WE PRESENT YOU INFORMATION THAT WILL BE USEFUL FOR YOU. PLEASE MAKE SURE THAT YOU READ ALL OF THEM CAREFULLY. IF YOU HAVE ANY ADDITIONAL QUESTION, WE WILL BE HAPPY TO HELP YOU – YOU CAN CONTACT US ON: **FUNDACJASPEKTRUMWIEDZY@GMAIL.COM**

ABOUT THE TRAINING

THIS PROJECT COMBINES A STUDY VISIT AND TRAINING PROGRAM AIMED AT FOSTERING CULTURAL UNDERSTANDING AND INTEGRATION AMONG EUROPEAN YOUTH WORKERS. PARTICIPANTS WILL EXPLORE POLISH HISTORY AND CULTURE WHILE SHARING INSIGHTS ABOUT THE HISTORIES AND CULTURES OF THEIR OWN COUNTRIES. BY PROMOTING MUTUAL UNDERSTANDING, THE PROJECT AIMS TO REDUCE STEREOTYPES, ADDRESS RADICALISM, AND STRENGTHEN EUROPEAN COHESION.

OBJECTIVES:

- COMBAT PREJUDICES AND STEREOTYPES BY DEEPENING CULTURAL AND HISTORICAL AWARENESS.
- ENHANCE INTEGRATION THROUGH UNDERSTANDING CULTURAL DIFFERENCES.
- ADDRESS THE ROOTS OF RADICALISM TO PREVENT FUTURE CONFLICTS.
- PROMOTE A HARMONIOUS EUROPEAN COMMUNITY BY VALUING DIVERSITY.
- LEVERAGE THE ERASMUS+ PROGRAMME TO FOSTER INTERNATIONAL COLLABORATION AND LEARNING.

KEY HIGHLIGHTS:

- A MOBILITY PROGRAM FOR 21 YOUTH WORKERS FROM 6 COUNTRIES, BLENDING TRAINING AND A STUDY VISIT.
- PARTICIPANTS: EXPERIENCED, PASSIONATE, AND OPEN-MINDED YOUTH WORKERS MOTIVATED TO CREATE COMMUNITY IMPACT.
- FOCUS ON DEVELOPING SKILLS IN COMMUNICATION, LEADERSHIP, AND CULTURAL UNDERSTANDING.
- BUILDING A NETWORK OF YOUTH WORKERS TO SHARE BEST PRACTICES AND COLLABORATE ACROSS REGIONS.

IMPACT:

- ENHANCED YOUTH ENGAGEMENT AND INCLUSIVITY IN COMMUNITIES.
- BROADER AWARENESS AND APPRECIATION OF CULTURAL DIVERSITY.
- DEVELOPMENT OF EFFECTIVE METHODS INFLUENCING YOUTH WORK POLICIES.
- LONG-TERM BENEFITS FOR PARTICIPANTS, THEIR COMMUNITIES, AND THE YOUTH SECTOR.

PROFILE OF THE PARTICIPANTS

THE TRAINING WILL BE ATTENDED BY 21 PARTICIPANTS FROM 6 COUNTRIES: CYPRUS, POLAND, N.MACEDONIA, SLOVENIA, CZECH REPUBLIC BOSNIA & HERCEGOVINA

- 3 PARTICIPANTS PER PARTNER ORGANIZATION;

REQUIREMENTS:

- AGED 18+ (PARTICIPANTS WHO DO NOT MEET THIS CRITERIA IN NOVEMBER 2024 CANNOT BE ACCEPTED);
- EXPERIENCE IN YOUTH WORK;
- GOOD KNOWLEDGE OF ENGLISH.

DATES AND SCHEDULE

THE PARTICIPANTS SHOULD **ARRIVE ON 11 OF APRIL 2025**. THE DEPARTURE WILL TAKE PLACE ON **18 APRIL 2025**

Have any questions? Reach out at fundacjaspektrumwiedzy@gmail.com

VENUE

THE TRAINING WILL TAKE A PLACE IN ŁÓDŹ, POLAND.



ACCOMMODATION WILL BE IN A HOTEL "MAZOWIECKI" IN ŁÓDŹ. MORE DETAILS ABOUT THE HOTEL: [HTTPS://WWW.HOTELMAZOWIECKI.COM/](https://www.hotelmazowiecki.com/)
PARTICIPANTS WILL BE ACCOMMODATED IN A 2/3 BEDS ROOMS, GROUPED BY GENDER WITH PARTICIPANTS FROM DIFFERENT COUNTRIES.



COSTS

Program activities, food and accommodation are covered by Erasmus+ Program .
Project host organization do not cover visa costs.

TRAVEL BUDGET PER PARTICIPANT

Travel costs will be covered, based on the country of participants, up to foreseen limits:

Cyprus - 395 EUR
Slovenia 309 EUR
Czech Republic - 211 EUR
Bosnia and Hercegovina - 309
N. Macedonia – 309 EUR
Poland -0 EUR

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Each participant is responsible for buying their own tickets, in accordance with the guidelines. Refer to the travel budget for the maximum covered amount. Participants will receive reimbursements (in eurocurrency) by bank transfer, AFTER providing original tickets, invoices and boarding passes. Preferable all tickets to be bought in EURO currency.

Name of passenger, price, currency and date of purchase should be clearly visible on all documents to be viable for reimbursement.

We strongly advise you to make copies of your tickets and invoices before your arrival.

The coordination organization does not cover additional bank fee of the international transaction.

Also please note, that copy of tickets are not enough according to Polish accounting rules - we need original documents.

Therefore, the best option for the return tickets is to buy them online, so you can print them multiple times.

Please note!

-The tickets booked without our permission will not be reimbursed. Please contact us with all details of your flight before booking.

-The tickets of the missed flights or any other reasons which the participant could not attend the training will not be reimbursed.
- bank proof and confirmation of transaction charged for the tickets its necessary.

INSURANCE

It is required for every participant from EU country to have the EKUZ card, which provides a free insurance for EU participants on the entire territory of the European Union.

The exceptions are participants from Macedonia and Bosnia and Hercegovina, which cannot obtain EKUZ, as the country is not in the EU. They should purchase a private insurance for the time of travel and the training.

Project organizers don't provide health insurance and it will not be reimbursed by the organizers.

Other important issues:

Make sure, that you have a valid ID or passport.

Very often participants realize too late that cannot travel because they have not valid documents. After the selection of the participants, we will invite you to FB group in order to make easier communication.

HOW TO GET TO ŁÓDŹ.

The most convenient way is to take flight to WARSAW than a bus/train to. ŁÓDŹ.

Information about bus and trains connections between WARSAW and ŁÓDŹ you can find it here: trains: <http://rozklad-pkp.pl/en>
busses: <https://www.flixbus.pl/info>

While planning your journey, you need to keep the following things on mind:

1. Participants should arrive in the hostel 11th April 2025. Check in time starts from 15:00h

The departure will take place on 18th April. 2025. Participants should leave the hostel before 10am.

2. Regarding the dates of travel. The maximum difference is 2 days before beginning of the Training, and/or 2 days after when the training will end.

We don't cover costs of your additional nights in Poland beside training dates.

If you have any doubts while planning your journey, feel free to contact us!

Hope to hear from you soon :)

Have any questions? Reach out at fundacjaspektrumwiedzy@gmail.com

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